



a New Generation for the Cultural Mission - a Unique Life Filled with Wisdom

## Presence Quotient ® Workshops/Courses/Consultation Service and Resources

**\*All services can be performed either virtually or in-person**

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Presence Quotient ® - To train the new generation to face different challenges in a multicultural society with wisdom, live out the Christian faith, become servant leaders who influence the society, and serve with love to build communities.

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## Presence Quotient® Workshop (1.5 - 2 hours)

### Parenting

Target Audience	Categories	Topics	
Children's Parents	Discipline/ Parenting	<p>workshop</p> <ul style="list-style-type: none"> <li>● Getting Children to Listen without Yelling or Hitting</li> <li>● Raising Chinese Kids in American Culture</li> <li>● Essential Concepts of Wise Parenting</li> <li>● How to Help Children to Think Positively</li> <li>● Teaching Children Problem-Solving Skills</li> <li>● How to Help Your Children Adapt To School Life in the U.S.</li> <li>● Seize the Prime Time of Parenting (for Parents with 0-5 years old kids) *</li> <li>● Win-Win Parenting - Understand Your Unique Child * <b>NEW!</b></li> <li>● Children Have Phone Addiction, What Could Parents Do</li> <li>● Improve Family Resilience to Stress Series (Individual, Parenting with children, Parenting with Teens, and Family)</li> <li>● Presence "Down to Earth" Parenting for Children Series <b>NEW!</b></li> <li>● Happy Family - Starts From Ministering Yourself **</li> </ul>	
		<p>Popular blog article(s)</p> <p>Parents with young child:</p> <ul style="list-style-type: none"> <li>● <a href="#">Eight Tips for "Correcting Children's Behavior without Yelling or Hitting" (1)</a></li> <li>● <a href="#">Eight Tips for "Correcting Children's Behavior without Yelling or Hitting" (2)</a></li> </ul> <p>Parents with Teens/ College-age Children:</p> <ul style="list-style-type: none"> <li>● <a href="#">Reading Together: A Resource for Building a Closer Parent-Child Relationship</a></li> <li>● <a href="#">Learning to Listen: A Father's Story of Reading with His Son</a></li> </ul> <p>Parents with Adult Children:</p> <ul style="list-style-type: none"> <li>● <a href="#">Nurture a Close Relationship with a Transformed Heart</a></li> </ul>	
	Learning Styles and Multiple Intelligences	workshop	<ul style="list-style-type: none"> <li>● Children's Learning Styles and Multiple Intelligences</li> <li>● How to Improve Children's Learning Interests and Abilities: 8 Areas of Intelligence and Learning Styles</li> </ul>
		Popular blog article(s)	<ul style="list-style-type: none"> <li>● <a href="#">Learning Styles Consultation @ Presence Possibilities</a></li> <li>● <a href="#">3 Tips to Help Your Child Learn – Presence Care Series</a></li> </ul>

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Teens' Parents	Discipline/ Communication	<p>workshop</p> <ul style="list-style-type: none"> <li>• How to Communicate with Your Teens</li> <li>• Heart to Heart with Teens *</li> <li>• Healthy Dialogue between Parents, Youth and Youth Workers</li> <li>• Understanding Your Youth's Emotional Needs</li> <li>• Bridging the Communication Differences Between Two Generations</li> <li>• 5 Love Languages in Families</li> <li>• Becoming the Spiritual Mentor (Life Coach) of Your Teens**</li> <li>• Home -The Training Ground for a Blessed Relational Life**</li> <li>• Blessed Family 101: Parents, Learning to Minister to Yourselves**</li> <li>• Building Family Resilience</li> </ul>
		<p>Popular blog article(s)</p> <ul style="list-style-type: none"> <li>• <a href="#">Breaking Through the Generational Barrier</a></li> <li>• <a href="#">Secrets of Communicating with Our Youth</a></li> </ul>
	Sexuality	<p>workshop</p> <ul style="list-style-type: none"> <li>• Understanding Gender Issues in Youth</li> <li>• How to Talk with Your Teens about Sex and Understanding Early Attachment Needs</li> </ul>
		<p>Popular blog article(s)</p> <ul style="list-style-type: none"> <li>• <a href="#">The Measures of Manhood</a></li> <li>• <a href="#">When I Say I am Your Father</a></li> </ul>
		<p>Popular Videos</p> <ul style="list-style-type: none"> <li>• <a href="#">RE:NEW Dating and Relationships Series Ep 1: Soulmates</a></li> <li>• <a href="#">RE:NEW Dating and Relationships Series Ep 2: What Qualities Do You Look For In a Partner</a></li> <li>• <a href="#">RE:NEW Dating and Relationships Series Ep 3: Red Flags to Look Out For</a></li> </ul>
	Faith/Values	<p>workshop</p> <ul style="list-style-type: none"> <li>• Helping Your Teens to Not Lose Faith in College</li> <li>• How to Discuss Important Values with Your Teens</li> </ul>
Adult's Parents	Communication	<p>workshop</p> <ul style="list-style-type: none"> <li>• Learning Your Elderly Parents' Love Languages</li> <li>• Cultivating Relationships among Three Generations in Chinese Families</li> </ul>
		<p>Popular blog article(s)</p> <ul style="list-style-type: none"> <li>• <a href="#">The Lesson of Love</a></li> <li>• <a href="#">When Dad Is Old</a></li> <li>• <a href="#">Love Language</a></li> </ul>
	Faith	<p>workshop</p> <ul style="list-style-type: none"> <li>• How to Resolve the Religion Differences Between Adult Children and Elderly Parents</li> </ul>

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		<ul style="list-style-type: none"> <li>Who will Shepherd My Family? Rekindle Relationships among Three Generations <b>NEW!</b></li> </ul>
Children and Teens' Parents	Discipline/ Communication	<p>workshop</p> <ul style="list-style-type: none"> <li>Bridging the Communication Differences Between Two Generations</li> <li>Win-Win Parenting- Understanding Your Unique Child * <b>NEW!</b></li> <li>5 Love Languages in Families</li> <li>Becoming the Spiritual Mentor (Life Coach) of Your Teens**</li> <li>Home -The Training Ground for a Blessed Relational Life**</li> <li>Blessed Family 101: Parents, Learning to Minister to Yourselves**</li> <li>Building Family Resilience</li> </ul>
		<p>Popular blog article(s)</p> <ul style="list-style-type: none"> <li><a href="#">Listening to Our Children's Hearts</a></li> </ul>
	Mental/ Emotional Health	<p>workshop</p> <ul style="list-style-type: none"> <li>How to Deal with Your Children/Teens' Stress</li> <li>How to Handle Your Children/Teens' Anger</li> <li>How to Help Children/Teens Maintain a Healthy Emotional Life: Dealing with Depression and Anxiety</li> <li>How to Deal with Your Teens' Emotions and Stress</li> <li>Understanding Early Attachment Needs</li> <li>Teaching Children Empathy*</li> <li>The Relationship Between Family and Child's Growth - In Emotions*</li> <li>How to Deal with Teenage Depression, Suicidal Thoughts and Self-Harm?</li> <li>Caring for Your Own and Family members' Emotion</li> </ul>
		<p>Popular blog article(s)</p> <ul style="list-style-type: none"> <li><a href="#">The Impact of Attachment</a></li> </ul>
	Internet/Video Game	<p>workshop</p> <ul style="list-style-type: none"> <li>Understanding the "Internet" Generation</li> <li>How to Help Your Children/Teens Navigate the Internet Safely</li> </ul>
		<p>Popular blog article(s)</p> <ul style="list-style-type: none"> <li><a href="#">Are Our Children Becoming Internet Addicts (Part 1)?</a></li> <li><a href="#">Are Our Children Becoming Internet Addicts (Part 2)?</a></li> </ul>

## Personal/Sexuality/Marriage

Target Audience	Categories	Topics
Youth	Soft-skill	workshop <ul style="list-style-type: none"> <li>Managing Emotions</li> <li>Managing Stress</li> <li>Managing Relationship</li> </ul>
	Faith	workshop <ul style="list-style-type: none"> <li>Mission Begins At Home ***</li> <li>Who will Shepherd My Family? Rekindle Relationships among Three Generations <b>NEW!</b></li> </ul>
		Popular blog article(s) <ul style="list-style-type: none"> <li><a href="#">The Growth and Maturity of an American-Born Chinese (2)</a></li> <li><a href="#">Praying for Our Parents Series – Praying for Ourselves as Sons and Daughters</a></li> </ul>
Adults	Personal Growth	workshop <ul style="list-style-type: none"> <li>How to Live a Life of Contentment / Living an Abundant Life (for Singles and Mature Adults)</li> <li>Happy Family - Starts From Ministering Yourself **</li> <li><a href="#">^ Self-Growth for Caring Ministry Workers (9 hours course)</a></li> <li>Cherishing your relationships: Investing in intimate relationships</li> <li>Enjoying Your Team Through Knowing Your Personality</li> </ul>
		Popular blog article(s) <ul style="list-style-type: none"> <li><a href="#">How to Increase Your Competitive Edge &amp; Land a Job After You Graduate</a></li> </ul>
Middle-aged to late adulthood	Life stages	workshop <ul style="list-style-type: none"> <li>Growing out of the Stagnant Life</li> <li>Living Creatively in the Golden Age</li> <li>Pursuit of a Beautiful &amp; Meaningful Life Journey - Rediscovering Your Dreams &amp; Mission (Golden Age)**</li> </ul>
		Popular blog article(s) <ul style="list-style-type: none"> <li><a href="#">An Exciting Retirement</a></li> </ul>
Couples	Conflict management	workshop <ul style="list-style-type: none"> <li>16 Personalities in Couple Relationships</li> <li>Conflict-Resolution between Couples</li> </ul>



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		<ul style="list-style-type: none"> <li>• The Secret and Challenges of Keeping Your Marriage Fresh*</li> <li>• How to Protect Marriage in the World of Social Network*</li> <li>• Tips for Lifelong Marriage</li> <li>• Healthy Marriage and Parenting Rooted in the Holy Spirit <b>NEW!</b></li> </ul>
		<p>Popular blog article(s)</p> <ul style="list-style-type: none"> <li>• <a href="#">The Influence of Learning Styles on Our Marriage</a></li> <li>• <a href="#">Table for Two</a></li> <li>• <a href="#">Husband and Wife – Lover? Enemy? (Part 1)</a></li> <li>• <a href="#">Husband and Wife – Lover? Enemy? (Part 2)</a></li> </ul>
	Differences in Discipline	<p>workshop</p> <ul style="list-style-type: none"> <li>• How to Resolve the Differences in Disciplining Children</li> </ul>
	Sexuality	<p>workshop</p> <ul style="list-style-type: none"> <li>• <a href="#">^ Seven Seasons of Manhood (for couples, 6-9 hours course)</a></li> <li>• Nurturing Women’s Emotional and Spiritual Wellness - Overcoming Different Life Stage Challenges</li> </ul>

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## Emotional Health/Leadership/Social Issues

Target Audience	Categories	Topics
All applicable audience	Emotional Health	<p>workshop</p> <ul style="list-style-type: none"> <li>• Understanding Depression: Causes and Treatments</li> <li>• Coping with Stress</li> <li>• Grief Management</li> <li>• Facing Illness and Grief with Family &amp; Friends</li> <li>• Emotion Management and Why It Matters *</li> <li>• Helping Family Members Struggling with Personality Disorders</li> <li>• Managing Stress (zoom)</li> <li>• Improve Family Resilience to Stress Series (Individual) (Presence Facebook Live)</li> <li>• Listening to The Heart - Walking with Grief <b>NEW!</b></li> </ul>
		<p>Popular blog article (s)</p> <ul style="list-style-type: none"> <li>• <a href="#">Help for Stressed Out Families (Part 1)</a></li> <li>• <a href="#">Help for Stressed Out Families (Part 2)</a></li> </ul>
Leaders (For Leaders at work, Pastoral Leaders, Sunday School Teachers)	Leadership/ Interpersonal Relationship	<p>workshop</p> <ul style="list-style-type: none"> <li>• Breaking Out of The Clique Mentality/Small Group Mentalities</li> <li>• Preventing Sexual Harassment in Church (For Pastors)</li> <li>• How to Deal with Conflicts in Ministries</li> <li>• Your Heart Determines Your Interpersonal Relationship <b>NEW!</b></li> <li>• <a href="#">^ Personal Bias, Faith, and Interpersonal dynamics (8-15 classes)</a></li> </ul>
All applicable audience	Internet/Video Game	<ul style="list-style-type: none"> <li>• Online Gaming Addiction: Cause and Treatment/ Internet and Internet Gaming Addiction</li> <li>• How Social Media Influence the Families of the Next Generation ( Parents &amp; Children)</li> </ul>
		<p>Popular blog article (s)</p> <ul style="list-style-type: none"> <li>• <a href="#">Are Our Children Becoming Internet Addicts (Part 1)?</a></li> <li>• <a href="#">Are Our Children Becoming Internet Addicts (Part 2)?</a></li> </ul>

Please click here for [speakers' honorarium rate](#).

^ Please call (626) 810-5200 or email [info@presencequotient.org](mailto:info@presencequotient.org) for the corresponding course fee.

### **Speaker**

Dr. Agnes Ip (Mandarin/Cantonese/English)



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## **Presence Quotient® Presence Life Planning Curriculum Series** **(2.5 - 3 hours/lesson)**

**Target Audience:** All Applicable Audience

**Language:** Mandarin/Cantonese

**Class size:** 8+

**Course format:** certificate or non-certificate, could order one or more units for workshops /retreats

**Course fee:** Upon request

**For details:** Please refer to [Presence Life Planning Curriculum](#)

\*\*\*A certified [Presence Life Planning Curriculum Trainer Program](#) has been launched to help churches to train PLPC Trainers so that they can teach [PLPC basic course \(A\)](#) at one's church or/and community. \*\*\*

### **Course Intro:**

This is a life planning curriculum for believers, and a very important personal growth education that you should not miss. We emphasize setting life priorities, and building a healthy emotional and relational life. This curriculum uses interactive games and activities, explores real life cases, and offers biblical principles to help individuals discover their personal and social identities and encourage them to live a vibrant life with purpose.

### **Courses include:**

#### **Basic A**

1. **Defining Your Core Values:** Setting Life Priorities
2. **Managing Your Life:** Pursuing Physical and Emotional Health
3. **Cherishing Your Relationships:** Investing in Intimate Relationships
4. **Embracing Your Life:** Discovering Your Uniqueness, Life Goals, and Dreams

#### **Advance B**

5. **Rising above Limitations:** Accepting and Overcoming Challenges in Life
6. **Reevaluating Success and Failure:** Examining Societal Standards
7. **Resisting Temptations:** Handling Stress with a Healthy Attitude in Order to Resist Temptations and Addictions
8. **Living a Moral Life:** Rejecting Personal Gains Achieved through Unethical Practices

For any inquiries or questions, please call us at (626) 810-5200 or email us at [info@presencequotient.org](mailto:info@presencequotient.org)

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## **RE:NEW a Presence movement: Healthy Dialogue Online Course**

**Target Audience:** Parents, Youth Workers, Leaders & Youth

**Language:** English Teaching ( Chinese subtitle)

**Course format:** small group ( 8+)

**Fee:** Depends on the course(s) selected

**Details:** Please refer to : [Healthy Dialogue Training Program | Presence Quotient®](#)

Please call (626) 810-5200 or email: [HD@RenewTheResponse.org](mailto:HD@RenewTheResponse.org) for more information.

### **Course Introduction:**

In the Asian-American family, the cultural differences between the younger generation and the older generation have led to differences in their core values; consequently, conflicts in communication arise. This course, "Healthy Dialogue", helps parents, youth and youth workers to understand their responsibilities and roles, and provides two-way boundaries and communication guidelines between youth workers and parents, youth and parents as well.

### **Courses Include:**

- Understand the 4 major characteristics and core values of traditional Asian families
- Enhance two-way communication between youth workers and parents, and youth and their parents
- Demonstrate effective communication with practical case studies
- Resolve misunderstandings through acknowledging family dynamic and practicing communication skills

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Series	Course	For whom
<b>A1. Healthy Dialogue between parents and youth</b>	<u>Course 1</u> (English w/ Chinese Subtitle) <b>How Can Parents Have Healthy Dialogue With Their Teens</b>	Tips for parents of youth
<b>A2. Healthy Dialogue between Parents and Youth Workers</b>	<u>Course 2</u> (English) <b>How Can Parents Have Healthy Dialogue With A Youth Worker</b>	Tips for parents of youth (prerequisite course:A1)
<b>B1. Healthy Dialogue between Youth workers and Parents</b>	<u>Course 1</u> (English) <b>How Can A Youth Worker Have Healthy Dialogue With Parents</b>	Tips for youth workers/ parents interested in youth ministry.
<b>B2. Healthy Dialogue between Youth and Parents</b>	<u>Course 2.</u> (English) <b>How Can Youth Have Healthy Dialogue With their Parents</b>	Tips for Youth ( Youth workers would be trained to teach the youth)

\*\*This course can be used as: individual training, church leadership training, youth's parent training, youth training. There are also course intro workshops, on-site guidance and Q&A sessions available upon request.

## Healthy Dialogue A Cross-Generational Training Course



### Series A: Parenting with Teens

How can your church effectively train teens' parents?

Small Group Training Material Bundle includes:

(To be used by one Leader only):

- Course 1: How can parents have Healthy Dialogue with their teen(s)?
- Course 2: How can parents have Healthy Dialogue with a Youth Worker
- Leading Plan options:
  - 1) 6-week Lesson Plan for Small Group
  - 2) 12-week Lesson Plan for Sunday School
- 1 set of Leader's Manual
- 1 set of Student's Workbook
- 90 min Professional Parenting Q & A Zoom workshop with Dr. Agnes Ip

This Bundle is  
designed for  
leading parents'  
small group



### Series B: Youth Workers and Parents (Coming Soon)

- Course 1: How can youth workers have Healthy Dialogue with Chinese parents?
- Course 2: Training youth workers to help teens to have Healthy Dialogue with their parents.
- The trained youth worker could use this material to train those who are to be involved in the youth ministry.
- 1 set of Leader's Manuals
- 1 set of Student's Workbooks
- 90 min Q & A Zoom workshop with Dr. Agnes Ip

This bundle is designed  
for youth workers or  
leaders to be involved in  
the youth ministry.



Info/registration, contact us at:  
[hd@renewtheresponse.org](mailto:hd@renewtheresponse.org)

*Presence Heart to Heart Series*

## Small Group Facilitator Skills Training

For small group leaders and church leaders

This training helps you and your small group members improve the group learning experience, in order to connect heart-to-heart and have deeper relationships.



**Trainer: Agnes Ip, PhD., LMFT**

- Presence Affiliate Partners founder and CEO
- Ph.D. in Clinical Psychology
- Licensed Family and Marriage Therapist
- Lecturer at seminars

**Format:** Zoom/in-person

**Fees:** US \$160/each (lunch not included, 25% off for group of 9 or more)

**Minimum class size:** 9 students

**Language:** English/Cantonese/ Mandarin

### Suggested Training Time and Content

**1st session 9:30 am - 11:00 am**

- Getting to know the roles and responsibilities of small group facilitators
- Intentional and effective small group facilitating skills

**Lunch break (40 mins)**

12:45 pm - 1:25 pm

**3rd session 1:25 pm - 3:15 pm**

- How to ask appropriate questions: learn how to ask different types of questions to achieve a certain effect

**2nd session 11:15 am - 12:45 pm**

- Active listening skills
- How to let group members feel supported, understood, respected, and loved

**4th session 3:45 pm - 5:00 pm**

- How to face challenges when leading small groups: offering effective solutions for difficult questions

### Suggested Small Group Intern Time and Content

**Small Group Practice and Instruction 9:00 am - 1:00 pm**

- Practice what you learn
- Presence offers teaching materials for practice
- Trainer's on-the-spot guidance and feedback
- Maximum 9 students in one group
- Q&A

Email: [Info@PresenceqQuotient.org](mailto:Info@PresenceqQuotient.org) | Website: [www.PresenceQuotient.org](http://www.PresenceQuotient.org)

Register:





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## **Presence Possibilities Professional Assessment and Consultation Service I**

### **College Major and Career Exploration**

*Identify Careers You Can be Passionate About & the Majors That Can Get You There!*

**Target Participant:** High school students, college students, and those seeking to change careers

**Language:** English, Cantonese, Mandarin

**Duration:** Approximately 4 hours

**For Testimonies & Detail info.:** [Professional Assessments | Presence Quotient®](#) and  
[College Major and Career Exploration](#)

**Service Includes: 2 Professional Tests (Personality & Interest) + reports, and 1-on-1 consultation**

- Go over and discuss the assessment report in detail
- Verify the results of the reports
- Explore the components of the participant's personality, uniqueness, values, and how they can work together with his/her desired major and career
- Identify suitable majors and/or career possibilities that he/she may enjoy
- Guide the participant to align his/her personality with his/her professional relationships
- Then, with the participant's permission, meet with his/her parent(s) to discuss the results.

For frequently ask questions please refer to: <https://presencequotient.org/faq-presence-possibilities/>

For any inquiries, questions or schedule an appointment, please call us at (626) 810-5200  
or email us at [info@ppossibilities.org](mailto:info@ppossibilities.org)



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## Presence Possibilities Professional Assessment and Consultation Service II

### Student Learning Styles and Multiple Intelligences

*Recognize your child's learning style & intelligent areas to optimize his/her learning experience!*

**Target Audience:** Upper elementary and middle school students and their parents

**Language:** English, Cantonese, Mandarin

**Duration:** Approximately 2-3 hours

**Service includes:** Test, assessment, report and family consultation

**For Testimonies & Detail info.:** [Professional Assessments | Presence Quotient®](#) and <https://presencequotient.org/student-learning-style/>

#### **Our goals are to help you:**

- Understand you and your child's gifts and areas of intelligence
- Reduce the conflicts between you and your child over studying
- Enhance your child's learning experiences
- Grasp the prime time to find out and develop your child's potential talent

#### **Package includes:**

- 2 assessment tests for both the child and the parent(s) are to take
- The reports on Learning Style & Multiple Intelligence assessment
- The consultant will guide the child to understand his/her learning style, to correct his/her study habits so as to improve his/her learning experience
- Provide parent(s) with coaching tips and advice on how to develop the best possible environment to support the child's learning style and to empower their unique strength

For frequently ask questions please refer to: <https://presencequotient.org/faq-presence-possibilities/>

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## Presence Possibilities Professional Assessment and Consultation Service III

### Marriage & Family Communication Enhancement Personality Assessment & Interpretation

*Deeper understanding and meaningful communication is the key to intimacy and happiness!*

**Target Audience:** Married couples and family members

**Language:** English, Cantonese, Mandarin

**Duration:** Approximately 2 hours

**Service includes:** Test, assessment, report and professional consultation

**Our goals are to help you:**

- Gain a deeper understanding of the personalities, the core values and the way decisions are made of yourself/spouse/family members, so as to cultivate a harmonious and intimate relationship.
- Identify and compare each others' communication patterns and blinds spots
- Guide you to adjust ways of interactions and expectations for each other

**Package includes:**

- 1 professional personality test for each participant
- 2 hrs. of report interpretation
- Professional consultation for married couples/ family members

For any inquiries, questions or schedule an appointment, please call us at (626) 810-5200  
or email us at [info@ppossibilities.org](mailto:info@ppossibilities.org)