

## Healthy Dialogue Training Program (HD)

A cross-generational training course that bridges the intergenerational and cultural gaps among **parents, youth, and youth workers**, in order to enhance communication effectiveness and minimize potential conflicts and strengthen youth's well being.

HD helps parents and youth workers understand teens' unique developmental and psychological needs. When adults learn about teens' core values and can identify reasons behind the uncooperative behavior, they are more likely to communicate with empathy, which is the foundation of effective communication and healthy relationships.

Please watch [Re:New introduction video](#) to know more about our ministry resources.

A three-hour training for youth workers and youth leaders can be scheduled for your church or group as long as there are 9-15 registers.

**Date&Time:** preferred Saturday 10AM-1PM or 1 PM - 4 PM (PST)

**Location:** Zoom (link will be provided in confirmation page and email upon registration)

**Language:** English

**RSVP:** <https://forms.gle/GdMofEQYBTF4ukAb7>

**Price:** \$45

We aim to achieve the following goals:

- **REALIGN Perspectives** - Reduce misunderstanding, clear your role, set healthy boundaries, and effectively collaborate with Chinese parents
- **RENEW Relationship** - Learn skills to guide youths to share their own needs and struggles with their parents
- **REBUILD Teamwork**- Train parents and youth ministry leaders to build an effective ministry team

After this special one-day training, we encourage and recommend you to use our **Series B bundle**, which is designed for youth workers.

- Course 1: train youth workers how to have healthy dialogue with Chinese parents.
- Course 2: train youth workers to help teens have healthy dialogue with Chinese parents.

The HD program consists of two series: Series A Bundle is designed for parents, and Series B is designed for youth workers. Please refer to the following Table 1.

**Table 1. Health Dialogue Course Series**

Series	Course	Fees for group leader**
<p>A1. <i>How Can Parents Have Healthy Dialogue with Their Teen(s)?</i></p> <p><i>Recommend 3-4 sessions, 1.5-2 hours each, up to 12 students.</i></p>	<p>HDE – 101WA /101WA-C</p> <p><b>Tips for Parents</b> ( English / Chinese Subtitle)</p>	<p>A1: \$120 including TalentLMS+one leader workbook+one student workbook</p>
<p>A2. <i>How Can Parents Have Healthy Dialogue with A Youth Worker?</i></p> <p><i>Recommend 2 sessions, 1.5-2 hours each, up to 12 students.</i></p>	<p>HDE- 103WA</p> <p><b>Tips for Parents(English)</b></p>	<p>A1+A2: \$150 including TalentLMS+one leader workbook+one student workbook</p>
<p>B1. <i>Training youth workers to have healthy dialogue with parents</i></p> <p><i>Recommend 3 sessions, 1.5-2 hours each.</i></p>	<p>HDE-104WA (English)</p> <p><b>Tips for Youth Workers</b></p>	<p>B1: \$120 including TalentLMS+one leader workbook+one student workbook</p>
<p>B2. <i>Training youth workers to guide youth to have healthy dialogue with parents</i></p> <p><i>Recommend 4 sessions, 1.5-2 hours each.</i></p>	<p>HDE – 102WY (English)</p> <p><b>Tips for youth</b></p>	<p>B2: \$120 including TalentLMS+one leader workbook+one student workbook</p>

\*\*Each student should register and purchase their workbook.

\*\*For group discount and other details, please contact us.

## **Recommended Usage:**

Both Series A and B can be used in Sunday school, fellowship, or as training material for small groups, including parents groups (A1, A2), youth worker groups (B1), and teen groups (B2) .

Welcome to watch the testimony by Jenny Liao, the former youth ministry director of Bread of Life Christian Church. <https://youtu.be/1LfqW9ku1w8>

*Please contact us via email at [HD@renewtheresponse.org](mailto:HD@renewtheresponse.org) for any questions or help regarding this training. Hope to see you all there!*

For more details, please visit <https://presencequotient.org/healthy-dialogue-training-program/>  
<https://renewtheresponse.org/events/healthy-dialogue-a-cross-cultural-training-course/>

Please see the example of a 6-week lesson plan for the Series A1&2 Bundle (Table 2).

**Table 2. Example of Bundle A1&2 + Dr. Ip Q & A 6-week lesson plan for parents group:**

<b>Course A1: HD Parents and Youth (Tips for Parent) 3-Week Lesson Plan</b>		
<b>Week</b>	<b>Leader Self-paced study</b>	<b>Group Discussion (1.5-2 hours)</b>
1	<ul style="list-style-type: none"> <li>● Introduction 1</li> <li>● Case Study: Kyle's Struggles Part 1 (Mentorship film)</li> <li>● 1). 6 Causes of Communication Struggles</li> <li>● Please Read Cultural Differences and Interpersonal Dynamics between.....</li> <li>● Review Quiz</li> </ul>	<p>Group Discussion/Reflection on Kyle's Struggles</p> <p>Group Discussion / Reflection # 1</p>
2	<ul style="list-style-type: none"> <li>● 2). Why Don't My Kids Tell Me Their Concerns?</li> <li>● Review Quiz #1</li> <li>● 3). 5 Communication Skills 1 ● Review Quiz #2</li> <li>● 4). How To Connect And Understand The Youth...</li> <li>● Review Quiz #3</li> </ul>	<p>Group Discussion / Reflection #2</p> <p>Group Discussion / Reflection #3</p>



5	<p>3) Clarify Roles and Responsibilities with Youth Worker(II) and Scenario 2b</p> <ul style="list-style-type: none"> <li>• Review Quiz #3</li> </ul> <p>4) Share Responsibility with Youth Worker and Scenario 3</p> <ul style="list-style-type: none"> <li>• Review Quiz #4</li> </ul> <p>5) Youth Workers serve as a bridge to help parents reach children</p> <ul style="list-style-type: none"> <li>• Review Quiz #5</li> </ul> <p>Case Study: Kyle's Struggles Part 2 (Mentorship film)</p>	<ul style="list-style-type: none"> <li>• Group Discussion/ Reflection #3</li> <li>• Group Discussion/ Reflection #4</li> </ul>
<b>Course Conclusion and Q &amp; A Session For additional fees</b>		
6	Dr. Agnes's professional Q&A session (90 minutes)	