

Disclaimer Statement

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Presence does not monitors these individuals or the quality of their services they provide, or verify the information provided by the therapists listed in this resources, and assumes no responsibility with respect to the selection of a therapist, the outcome of the therapy or the associated cost.

2015 Bay Area Chinese Christian Therapist Directory (alphabetical)

Each therapist featured in this directory provided information for his/her own profile, and bears sole responsibility for the accuracy of the statements contained therein.

Alex Wang Ph.D 王嘉仁 Licensed Clinical Psychologist
(415) 367-3439, 1100 Sanchez St, San Francisco, CA 94114
alex@alexwangphd.com; http://ak_wang.users.sonic.net/blog/

Dr. Wang has been a licensed clinical psychologist since 2008. He currently is in private practice as part of the San Francisco Christian Psychotherapy Services after working for Kaiser Permanente for over 8 years. His experience with adults and seniors includes a variety of presenting issues such as anxiety, depression, multicultural issues, schizophrenia, managing chronic pain, trauma, anger, and forgiveness.

Alex completed his undergraduate degree from UC Berkeley in biochemistry and his PhD from CSPP Alliant University in San Francisco in clinical psychology. He completed his internship at San Francisco General Hospital and Post Doctoral Residency at Kaiser Permanente. Before becoming a clinical psychologist he worked in other fields including drug discovery research in several biotech firms and a US government lab, programming customized databases at a consulting start up, teaching high school science, and campus student ministry at UC Berkeley.

Alex was born in Hong Kong and grew up in Canada and the United States. Alex speaks English, Cantonese, and limited Mandarin. He is married and has one daughter and attends First Presbyterian Church in Berkeley.

Amy T. Watt, Ph.D Licensed Clinical Psychologist
(415) 434-3720, 220 Montgomery Street, #1098, San Francisco, CA 94104

Dr. Amy T. Watt is a licensed clinical psychologist practicing in San Francisco. She is bilingual in English and Cantonese. She has over ten years of experience working with adults, children, adolescents, and families in psychotherapy, family therapy, and group therapy settings. In addition to psychotherapy, Dr. Watt also has extensive experience

in performing forensic psychological assessment. She is currently on the provider panels of the San Francisco Juvenile Court, California Superior Court, Family Mosaic, and San Francisco Foster Care Mental Health. She has performed evaluations to assist the courts on such issues as parenting abilities, disposition planning, treatment recommendations, competency to stand trial, workers' compensation and immigration.

Angel Hwang, MA, MS Marriage and Family Therapy Intern (IMF# 76694)
(408) 966-5069 Christian Counseling Centers in Mountain View 748 Mercy St.,
Mountain View, CA 94041

Angel received her Bachelor's degree from Taipei Medical University in Taiwan and a Master's degree in Marital and Family Therapy and certificate of Addiction Studies from Western Seminary in Los Galtos in California. Angel also worked as counselor at New Life Community Services in Santa Cruz that is an alcohol and drug treatment center from 2005 to 2012.

Angel works as senior counselor at Christian Counseling Center in Mountain View since 2008 to present.

Angel serves in Church since she was young, because she was born in a Christian family. Her great grandparents, grandparents, parents, uncles, and aunties were/are pastors or elders in Churches.

Angel has been married for 27 years and has 2 adult children. Angel worked in the Bio and Hi-tech industry for more than 12 years in California. The companies include Palo Alto Medical Foundation (CA), Genelab Technologies Inc. (CA), Affymetrix Inc. (CA), Avaya Inc. (CA), and American Bioscience (CA).

Angel also worked as intern minister at Home of Christ in Cupertino for one year.

Angel specializes in working in relationship (child/teens/parent/couple), autism spectrum disorder, anxiety disorder including OCD, depression disorders, attention-deficiency hyperactivity disorder(ADHD), eating-disorder, conduct Disorder (CD), oppositional defiant disorder (ODD), and drug/alcohol addictive issues. Angel has been invited to speak at churches, non-profit organizations, and community centers. The interested topics include family genogram, depression disorder, anxiety disorder, eating disorder, drug/alcohol/sex addictive issues, 12-steps recovery methods, relapse prevention, how to build up good communication with family members and friends, how to build up health boundaries with family members and friends, and how to handle loss/grief/trauma issues.

Angel speaks in English, Mandarin, and Taiwanese.

Ann Lo, MA, LMFT 羅中華 Licensed Marriage & Family Therapist (MFC #41593)
(408) 235-9862, 3880 S. Bascom Avenue, Suite 206. San Jose, CA 95124(affiliated with the Christian Counseling Center –San Jose)AnnLoMFT@gmail.comwww.GrowingRelationships.com

Ann Lo is a Licensed Marriage and Family Therapist, and holds a Bachelor's Degree

from U.C. Berkeley and a Master's Degree in Counseling from Western Seminary. Ann provides counseling for immigrant families. As an ABC (American Born Chinese), she has both personal and professional experience navigating the culture and generation gaps between immigrant parents and their children, and has given many workshops on the topic. Ann is bilingual in English and Mandarin.

Ann specializes in working with couples experiencing relationship difficulties. She is certified to administer PREPARE/ENRICH premarital and marital inventories, a well researched tool that assesses relationship health.

Other specialty areas Ann works with include issues of Asian American identity, young adults in transition, women and self-esteem, men and relationship patterns, depression, co-dependency, anger management, and abuse. She is EMDR-trained for trauma processing. Her experiences include individual, couple and family therapy in private practice, school-based counseling, and groups.

Ann currently attends South bay Community Baptist Church, where she has served as the Children's Ministry coordinator. Previous she served as a ministry partner with her pastor husband at Overflow Christian Community in Cupertino, a church plant with the vision of reaching out to second-generation Asian Americans, and at Chinese Church in Christ for 9 years in youth ministry, serving in the roles of youth counselor and Sunday School Coordinator designing curriculum and training teachers. Her husband Peter Wang is Director of Asia for Becoming What God Intended Ministries, which focuses on educating, encouraging, and equipping pastors and church workers in China to develop an emotionally healthy spirituality and ministry. Her desire is to serve God and his people through the ministries of counseling and teaching.

Ann is also on the Board of Directors for the Chinese American Counseling Service, a non-profit organization with the mission to raise awareness in the Chinese community of mental health issues through education and counseling services.

www.ChineseCounseling.org

羅中華持有加州婚姻家庭治療師執照，畢業於加州柏克萊大學獲得學士學位後，再於西方神學院取得婚姻家庭輔導碩士。身為在美出生的華人，她擁有移民父母與在美出生下一代的親身經歷，對於跨文化和代溝有深切的體驗。她通曉國語和英語，專精於青少年與父母之親子關係，及夫妻、情侶關係的輔導。

她的專長包括：移民父母與在美出生下一代的溝通、亞裔美國人的認同、青年成長階段的轉折、女性的自我肯定、憂鬱症、精神虐待、人際關係的處理、婚前輔導等。她擅長於個人與家庭協談、校區學生輔導、及團體心理治療復建等。經驗豐富常至各教會、團體舉辦憂鬱症、親子關係、心理諮詢輔導等專題講座。

中華現於南灣中華浸信會事奉，之前是兒童事工部的負責人。她的夫婿王為光牧師，目前是BWGI 亞洲事工主任。此機構藉由訓練、裝備、來激勵中國的傳道人和教會同工，能用聖經真理、健壯的靈性及諮詢輔導來幫助中國信徒的需要。之前她曾與牧師夫婿在加州庫柏蒂諾一起植堂，服事一群亞裔第二代年輕人。也曾在基督徒會堂參與青少年事工九年，輔導幫助年輕人並積極推動教會主日學師資訓練。中華有一顆熱切的心，盼望透過各種不

同課程的教導、訓練，和諮商輔導來服事神、服事人。
她也是華人心理輔導中心董事，此一非營利機構的使命，乃是要透過教育推廣與心理輔導服務，來加強華人社會對精神健康問題的正視與認知。

Anthony Liu, MA, LMFT 劉啟瑞 Licensed Marriage & Family Therapist (MFC# 81072)
(925) 272-9638 AnthonyLiuMFT@gmail.com
Quiet Waters Counseling 917 The Alameda, Suite 4, Berkeley, CA 94707
<http://www.qwaters.net>
Community Presbyterian Counseling Center 3180 Crow Canyon Place, Suite 140, San Ramon, CA 94583 <http://www.CPCcounseling.com>

Anthony Liu is a Licensed Marriage and Family Therapist (#81072) who feels honored to meet with individuals (adults, teens, and children), couples, and families who are invested in their personal growth or who are motivated to relieve distress in their lives. He joined Community Presbyterian Counseling Center in San Ramon in 2012 and currently also has a private practice in North Berkeley with his wife Joy Wong Liu.

Anthony earned his M.A. in Marriage and Family Therapy at Western Seminary and a B.A. in English from UC Berkeley. He is a Certified Sex addiction Therapist (CSAT) having received training with the International Institute of Trauma and Addiction Professionals. In the past, Anthony has given church workshops in relation to addiction in general and to preventing pornography addiction in teens. In addition, he is a certified Prepare/Enrich facilitator. His specialized training and personal recovery experience helps him bring sensitivity and attunement to the needs of recovering addicts and affected family members.

Anthony has worked at non-profit organizations that provide drug treatment counseling and crisis intervention services to children and families. A son of first-generation immigrants, Anthony appreciates the benefits and challenges of cross-cultural experiences. He speaks proficient Cantonese, Mandarin, and Taishanese.

Anthony enjoys working with individuals, adolescents, and couples. His areas of interest include:

- cross-cultural issues
- depression and anxiety
- child/adolescent issues
- pre-marital and marriage counseling
- addiction issues, with a focus on sex addiction
- trauma issues (EMDR trained)

Anthony believes that counseling is a safe avenue to facilitate healing and that therapy can draw people to Christ --who forgives, loves, and redeems. On a personal note, he enjoys playing basketball, singing karaoke, and learning about improv theater. He especially enjoys spending time with his wife and their son.

Bella Yu, PsyD, MSW 余麗媚 Clinical and Consulting Psychologist (Lic.# PSY 23652)(415) 205-0456870 Market Street, Suite 744, San Francisco, CA 94102
psydryu@gmail.com

Trained both as a social worker and psychologist. Use Christian faith as a base to help patients. Working with school age children, adolescents, adults and older adults with different mental health issues and difficulties in life. In addition, I provide consultation and clinical supervision. Have appeared in live TV shows (talked about mental health related topics), conducted workshops on parenting, work-related stress and how to handle difficult people in work place. I am also a group leader leading a Bible Study for women. Speak fluent Cantonese and Mandarin. Maintain a private practice in downtown and San Francisco.

Cameo Wong, MA, MFTi, PCCi 黃曉晴 Marriage Family Therapist Intern Professional Clinical Counselor Intern
Offices in San Francisco & Fremont (510) 972-4775 cameowong@gmail.com

Cameo was born and raised in the Bay Area, is fluent in Cantonese and English and attends Resonate in Fremont. She is license-eligible in February 2016. Cameo received her Master's in Clinical Psychology from Wheaton College. She holds a BA in Human Development and a BS in Psychology from UC Davis. She provides therapy for individuals, couples, families and children. Specific topics include depression, anxiety, trauma, cross and bi-cultural issues with motivational interviewing, psychodynamic, attachment, and cognitive based techniques. She has received a weeklong course of intensive training with Dr. David Burns, M.D., for advanced applications in cognitive therapy.

Her experiences include working with individuals at different spectrums of the lifespan and providing clinical case management, community support, crisis intervention and therapy for at risk individuals and those living with chronic mental illness. Agencies previously affiliated with: Edgewood Children and Families; Family Service Agency (FSA/Felton Institute) of San Francisco; San Francisco Department of Public Health at a public health clinic.

Carlina Yeung, LCSW Licensed Clinical Social Worker
(408) 893-3676/12280 Saratoga Sunnyvale Rd, Saratoga 106 C, CA95070
carlinayeung@sbcglobal.net

Carlina came from Hong Kong and completed her MSW degree at UCLA. She is a License Clinical Social Worker (LCSW), currently has her psychotherapy private practice. She has experiences working at outpatient mental health settings, school-based counseling, family centers, and older adults health care centers. She also conducts workshops to churches and community. Carlina speaks Cantonese, Mandarin, and English.

Areas of focus :parenting on disciplinary issues, children EQ, teenage developmental issues and depression; individual counseling on self-growth, cultural conflicts and adjustments, relationships issues, abuse, grief, stress management and emotional distress; couple and family counseling on conflict resolution, communication and emotional bonding, adjustment in facing life situations and changes.

Carrie Cavigioli B.S Marriage and Family Therapist
(650) 458-7672748 Mercy Street, Mountain View CA 94041 Christian Counseling Centers –Mountain View

Carrie is originally from Singapore, born and raised in a Chinese family that upholds strong traditional values. Carrie came to faith in her late teens and since then, has been very active in her faith community. She has many years of experience participating and leading community groups, Bible studies and was involved in biblical counseling programs. Carrie completed her Bachelor of Science degree in Marketing and Management at the University of Oregon. With her background in business, Carrie had the opportunity to work in Singapore, Hong Kong as well as spending 10 years of her career in Beijing, China. Married and moved to the Bay Area in 2004, Carrie decided to pursue professional training in Marriage and Family Therapy after having a child of her own.

Carrie believes therapy is a collaborative approach in achieving personal growth and freedom. She is influenced by psychodynamic practices and draws from therapeutic interventions that are empirically grounded. Carrie has experience dealing with multicultural issues, inter-generational issues as well as helping clients deal with life transitions. She has experience helping clients work through anxiety, depression, women's issues, family relationship challenges, grief and loss. She is interested in helping families with special needs children and children with ADHD or on the autism spectrum.

As a believer in Christ, Carrie often integrates her faith into therapy. It is her desire to help facilitate clients in achieving a deeper understanding of self, achieving personal growth, and developing stronger relationships with God and others.

Christine Chiu, MA, LMFT Licensed Marriage & Family Therapist (MFC#50356)
(650) 201-02941100 Sanchez Street, San Francisco CA 94114 (in affiliation with Christian Psychotherapy Services –San Francisco)
chiu.christinek@gmail.comchristinechiu.com

Christine Chiu has been in private practice, in affiliation with Christian Psychotherapy Services, since 2007. Her specialties include: Abuse & Trauma, Anxiety, Depression, Identity Formation, Life Transitions, Psychosis, Relationship Issues, and Spiritual/Emotional Health. Prior to pursuing therapy, Christine spent five years working in Human Resources and completed her Certificate in HR Management, expanding her career counseling and coaching skills.

Christine's vision is to support and encourage individuals and families toward emotional health and restoration. Her approach to healing is integrative, depending on the clients

needs. She values a culturally-sensitive approach to counseling, and will intentionally consider one's background, faith, and experiences when working with individuals and families.

Christine's experience and training draw from various approaches including: Psychodynamic therapy, Cognitive Behavioral therapy and Gospel-Centered counseling. She especially enjoys integrating one's spiritual journey into the therapy process if this is of particular interest to the client. Christine received Biblical Counseling (Christ-Centered Counseling) Training from the Faith Biblical Counseling and Training Center and she has also provided various workshops on emotional health and gospel-centered counseling to local churches.

For a list of her workshops and presentations, please visit:

<http://christinechiu.com/about/curriculum-vitae/>

Christine Yimei Tobler, MA 王亦玫 Marriage and Family Therapist Intern
(510) 497-1307, 3100 Mowry Ave., Ste 303. Fremont, CA 94538
christinemft@gmail.com

Christine is a Marriage and Family Therapist Intern who completed her MA MFT with Addiction Certificate from Western Seminary. She participated in the lay counseling ministry at her church, and has worked for 8 years in the high-tech and management consulting industries. Christine enjoys working with individuals, couples, and families. Her areas of interest are: sexual addiction recovery, codependency, bicultural integration of immigrant families, couples relationships, premarital counseling PREPARE-ENRICH, depression and anxiety, life coaching, play therapy.
Languages spoken: English and Mandarin

Christina Yip, MA, LMFT 葉呂慈年 Licensed Marriage & Family Therapist
(408) 823-06083425 S Bascom Ave., Suite 250, Campbell, CA 95008, 12280 Saratoga –Sunnyvale Road, Suite 106C, Saratoga, CA 95070
clui_us@yahoo.com

Christina is a licensed Marriage and Family Therapist and OPG of California-authorized Problem Gambling Counselor, who works with children, teenagers, individuals, couples, and families. Christina specializes in relationship problems, codependency, family-of-origin issues, and problems with mood disorders. Her mission is to help individuals and families navigate the challenges of life and to remove Chinese communities' stigmas against mental illnesses through workshops, seminars, small groups and training. She was born in Hong Kong, and can speak Cantonese, Mandarin, and English.

葉呂慈年女士在移居加州後毅然地進入“心理治療”領域，立刻投入生命線的義務工作，並開始她的碩士班學業，同時在不同的機構，為兒童、成人與耆英，提供心理輔導服務。她的專長包括：移民父母與土生下一代親子之關係、家庭暴力之受害母親與孩子、新移民家庭之適應和婚前男女相關之問題。對於原生家庭之困擾、憂鬱症、焦慮反應等問題均有獨到之心得。

葉女士現為加洲婚姻及家庭治療師。葉女士還在工作之餘，以其專業及愛心，在南灣協力創辦了專為華人社區而設的“華人心理輔導中心”。她試圖透過工作坊，專題講座，以及個人與團體輔導等方式，來幫助華人及其家庭，學習如何面對與因應生活上的諸多挑戰，以及匡正華人社區對精神健康問題的禁忌與避諱。
葉女士生於香港，精通廣東話、國語、以及英文。

Cindy Wang, MA MFTI Marriage and Family Therapy Intern
(408) 401-5167 Cynndi.Wang@gmail.com

Daniel C. Fong, MA, MFT 方長青 Marriage & Family Therapist
(415) 625-9982 danielfongMFT@gmail.com

Daniel is a Clinical Social Worker at UCSF Dept. of Psychiatry in the County of San Francisco for over 5 years, and he has been working with patients suffering from severe mental illness, such as schizophrenia, bipolar disorder, personality disorders and mood disorders. Daniel provides psychotherapy and clinical intensive case management to patients and he also provides couple counseling and family therapy to Chinese-speaking patients and their family members.

Daniel received his Masters of Arts in Marriage and Family Therapy and completed the Addiction Studies Certificate from Western Seminary. He has been providing treatment to patients suffering from addictive behaviors such as gambling, sexual addiction and substance use. Daniel works with individuals, couples, adolescents and families around issues including codependency, depression, anxiety, stress, inter-generational family, cross-cultural, self-esteem, and religious/spiritual struggles. Daniel is also a certified PREPARE/ENRICH facilitator and he is also certified in EMDR for trauma processing.

Daniel was born in Hong Kong and he speaks Cantonese, Mandarin, and English. Daniel had worked at Christian Counseling Center San Jose (CCC) and Asian Family Institute (AFI) of Richmond Area Multi-Services (RAMS) in San Francisco. On a personal note, Daniel is married with two young children. He is a vocalist and a pianist. He is actively serving at Peninsula Community Alliance Church in San Mateo.

Diana To, MA, MBA, LMFT, LPCC 杜若詩 Licensed Marriage and Family Therapist
Licensed Professional Clinical Counselor Certified Therapist in EMDR
(650) 906-3978, 801 Portola Drive, Suite 108, San Francisco, CA 94127
1510 Fashion Island Blvd., Suite 110, San Mateo, CA 94404 (Affiliated with Christian Counseling Centers -San Francisco and San Mateo)
dianatomft@gmail.com; www.dianato.com

Diana To is a Licensed Marriage and Family Therapist, Licensed Professional Clinical Counselor, and Certified Therapist in EMDR. She holds a Master's Degree in Counseling Psychology from Santa Clara University, a Master of Business Administration Degree from Stanford University, and a Bachelor's Degree in Engineering from Imperial College London.

Diana found her calling to become a psychotherapist out of a desire to serve God by helping His people live healthier, more fulfilled, and more joyful lives. She loves working with those who are ready and willing to do what it takes to make changes happen. She works with individuals, couples and families in her clinical practice. She helps her clients find resolution to the impact of abuse and trauma, as well as problems of depression, anxiety, anger, grief, couples' discord, family conflicts, behavioral issues, low self-esteem, and life transitions. Diana is also passionate about helping her clients who feel lost about their life directions with career exploration and identity development.

Diana uses an integrative approach to treatment, employing a variety of methods and techniques as appropriate to each client's unique needs. Among these is Eye Movement Desensitization and Reprocessing (EMDR), which has been shown to be an effective way to resolve the impact of past trauma and adverse life experiences, enabling people to respond to their current life situations in more functional ways. She also uses the Gottman Method and the Prepare/Enrich program in premarital and marital counseling. As a devoted Christian, Diana also loves to integrate Christian spirituality with psychological well-being in working with clients for whom this is relevant.

Before becoming a therapist, Diana spent the first decade of her career in the business world. She worked in management consulting with McKinsey & Company, in private equity, and in high tech product management. She has worked extensively with immigrant families in dealing with transition and cultural issues. She also served as a Biblical Counselor at Central Peninsula Church in Foster City. She grew up in Hong Kong and is fluent in Cantonese. Diana has also provided workshops to churches on couples' and parent-child relationships, and is also available to do the same for trauma and its treatment.

杜若詩持有加州婚姻家庭治療師及專業臨床輔導員執照，亦是一位註冊眼動減敏與歷程更新療法（EMDR）治療師。她於英國倫敦帝國學院畢業後，再於加州史丹福大學獲取工商管理碩士，及於聖克拉拉大學取得輔導心理碩士。

杜若詩受到神的呼召成為心理治療師，是要幫助屬祂的人們活出更健全、更充實、更喜樂的生活。她喜愛與願意作出改變的個人，夫婦和家庭合作，一起在他們的生命中作工。她幫助人們化解抑鬱、焦慮、憤怒、悲傷、夫妻不和、家庭矛盾、行為問題、低自尊和生活轉變等困難，以及過往心理創傷的影響。她亦熱愛幫助覺得失去了生活方向的人們探索身份和職業發展。

杜若詩採用綜合治療方式，包括多種方法和技術，以迎合每位人士的獨特需求。其中包括眼動減敏與歷程更新療法（EMDR）。研究顯示這療法是解決過去的創傷和不良生活經歷的影響的有效途徑，能幫助人們更健康地面對他們目前的生活狀況。在婚姻及婚前輔導中，她亦有採用Gottman及Prepare/Enrich程序。作為一個虔誠的基督徒，她亦喜愛與重視基督徒靈性的人士在心理治療中結合靈性上的探索。

在成為心理治療師前，杜若詩曾於管理顧問、私人投資、及高科技等行業工作多年。她在香港長大，說流利粵語，並具有幫助移民家庭面對過渡及中美文化差異的豐富經驗。她亦

曾在教會中擔任基督徒心理輔導員的事奉。杜若詩並有在各教會提供探討夫妻和親子關係的研討會，亦可教導有關心理創傷和其治療的題材。

Doris Kwan-Yuk So, Ph.D., LMFT 蘇劉君玉博士

Licensed Marriage and Family Therapist

(415) 894-0654220 Montgomery St., Suite 1098, San Francisco, CA 94104

doriso3939@gmail.com

Dr. Doris So is a licensed Marriage and Family Therapist since 1990 and is an Approved Supervisor of the Hong Kong Professional Counseling Association. She has more than 25 years of extensive experience counseling individuals, couples and families both in the US and in Hong Kong.

Her specialties include relationship problems, marital problems, parenting, emotional /psychological problems such as depression, anxiety, grief, post-traumatic stress, self-image issues and guilt, etc.

Dr. So graduated from the University of Hong Kong (B.A.), Westminster Theological Seminary (M.A.R. in Biblical Studies), China Graduate School of Theology (M.C.S. in Counseling), and California Graduate School of Family Psychology (Ph.D. in Marital and Family Therapy). She worked as a mental health counselor at California Pacific Medical Center and Family Service Agency of San Francisco for a number of years before going to Hong Kong. While in Hong Kong, she worked as the clinical supervisor at Breakthrough Counseling Center and as the clinical supervisor and consultant at Alliance Holistic Care Center.

Dr. So is the author of a number of books in Chinese including “Understanding Mental/Emotional Illnesses”, “Handling Stress and Emotion”, “Before and After ‘I do’”, “Counseling Your Kids”, etc.

She can speak Cantonese and Mandarin besides English.

蘇劉君玉博士是婚姻及家庭治療師，亦為香港專業輔導協會的認可督導，擁有超過25年之輔導經驗，於美國及香港經常輔導個人、婚姻及家庭個案。她的專長包括人際關係問題、婚姻家庭問題、親子問題、心理及情緒問題，如抑鬱、焦慮、哀傷離痛、災後創傷、自我形象、內疚等。

蘇劉君玉畢業於香港大學，後取得Westminster Theological Seminary宗教碩士，主修聖經神學；中國神學研

究院基督教研究碩士，主修心理輔導；California Graduate School of Family Psychology 博士學位，主修婚姻家庭輔導。蘇博士曾任職California Pacific Medical Center, Family Service Agency of San Francisco，香港突破輔導中心臨床督導、香港誠信綜合治療中心臨床督導及顧問。

她的著作包括《認識精神/情緒病》、《處理壓力與情緒》、《婚前婚後》、《家長輔導孩子的技巧》。與蘇穎睿牧師合著有《福音性研經》、《委身—生命的再造》、《委身—生命的挑戰》、《教堂以外的信仰》、《人啊人—創世記研讀》、《信心之旅—亞伯拉罕

生平研讀》、《風雨中成長—雅各生平研讀》、《忠恕之道—約瑟生平研讀》等書。除英語外，蘇博士可說廣東話及國語。

Eddie Chiu, Ph.D. Licensed Clinical Psychologist

(415) 533-8318/12280 Saratoga-Sunnyvale Road, Suite 104, Saratoga, CA 95070, 4020 Balboa Street, San Francisco, CA 94121; dr.eddiechiu@gmail.com

Eddie Chiu is a Chinese speaking licensed psychologist. He provides a variety of psychological services including psychotherapy, neuropsychological and psycho-educational testing, and forensic evaluation (child custody, immigrant, injury, and civil/criminal cases). Currently he is an associate professor in a doctoral clinical psychology program at Alliant International University. He also teaches as invited lecturer in other universities and seminars as well. He had been a director in a community mental health agency for many years. He is specialized in treatment of depression, panic and other anxiety disorders, marital and relationship issues, gambling and other behavioral addictions, adolescent and college issues, and children/adolescents with special needs.

Languages spoken: Cantonese, Mandarin, and English

Elice Yung, M. A., LMFT

Licensed Marriage & Family Therapist

elice.yung@gmail.com

Elice is a licensed Marriage and Family Therapist.

She received her Bachelor's degree in Computer Science from U. C. Berkeley and Master's degree in Counseling from Western Seminary. Elice came to the U.S. as a teenager from Hong Kong. She had worked in the Hi-Tech industry for many years. In her mid-life, she decided to pursue her passion of developing counseling skills, because she feels passionate about people who are facing life difficulties, crisis/losses and relationship issues. Elice has given workshops on parenting teenagers and substance abuse related topics. She also understands cross cultural issues and struggles between American Born teens and Overseas Born parents.

Her specialties include working with individuals, couples, children, and teenagers facing a variety of challenges including depression, trauma, grief, anxiety, addiction and relationship issues. She is also certified to administer Prepare/Enrich premarital and marital inventories to assess the health of couples' relationship and to identify areas that require further strengthening. Her desire is to serve God in the counseling ministry and be able to reach out to those who are struggling and desire healing from God. Elice is fluent in Cantonese, Mandarin and English. Elice and her husband have both been actively involved in youth ministry for many years. They have three young adult sons.

Elsie Mak, Ph.D. 麥翠濤 Licensed Psychologist, PSY 25957

(408) 307-8103, 12280 Saratoga-Sunnyvale Rd., #104, Saratoga, CA 95070

elsie.makPhD@gmail.com

Elsie Mak, Ph.D., is a trilingual Chinese speaking licensed psychologist and clinical neuropsychologist. She completed her clinical training and worked at various hospitals, including the VA Palo Alto Healthcare System, Laguna Rehabilitation Hospital, Cincinnati VA Medical Center, San Francisco Kaiser Permanente, and Richmond Area Multi-Services (a community mental health agency with specialization in Asian Mental Health in San Francisco). She has provided a variety of psychological services including neuropsychological and psychological testing for adults and children, as well as psychotherapy for post-traumatic stress disorder and other anxiety disorders, chronic depression, sleep disorder, substance dependence issues, family and relational problems, and other mental disorders. She works with individual, couples, and family. Currently Dr. Mak is also a child psychologist at San Jose Kaiser Permanente, conducting evaluation for Autism Spectrum Disorder, ADHD, and other childhood psychopathology. She has a private practice in Saratoga. Languages: Cantonese, Mandarin, and English

Grace Yen Jiang, MS, MA, LMFT 顏秀芬

Licensed Marriage and Family Therapist

(510) 676-8903/4333 Hansen Avenue, Fremont, CA 94536

gyenjiang@yahoo.com

Grace specializes in helping individuals, couples and families dealing with life transitional issues and difficulties, such as depression, anxiety, bipolar disorder, panic attack, affairs, separations/divorces, job loss/career change, parenting, empty nest, chronic illness and death. Grace has emigrated to US from Taiwan for many years after completing her college education. She holds a Master's degree in Marriage, Family and Children Counseling from Western Seminary and a Master's degree in Foods & Nutrition from Case Western Reserve University. Languages spoken: English, Chinese Mandarin and Taiwanese.

Grace attends Immanuel Presbyterian Church of Fremont for many years. She has been involved with many different ministries since her baptism there. She was an elected deacon and she taught adult Sunday school for many years.

婚姻家庭輔導碩士, 食品營養學碩士, 加州婚姻家庭治療師執照 顏秀芬出生於台灣。來美多年。她精通英語, 普通話, 和 台語。她專長輔導個人, 夫婦或家庭處理, 走出不同人生階段轉換所遇到的困難, 例如憂鬱症, 焦慮症, 燥鬱症, 外遇, 分居, 離婚, 失業, 轉業, 做父母, 空巢, 長期病痛和死亡。

秀芬在Fremont的以馬內利教會做同工多年; 她盡心參與各項事工, 尤其是主日學的帶領

。

Grace Lee M.A., MFTI 李淑娟 Marriage and Family Therapist Intern

(408) 508-6247/3880 South Bascom Avenue, San Jose, CA 95124(Affiliated with the Christian Counseling Center –San Jose) Shuchuan@hotmail.com

Grace Lee is a Marriage and Family Therapist Intern with a Master's degree in Counseling Psychology from Sofia University in Palo Alto, CA. In addition to working at Christian Counseling Center, she is also an elementary school counselor for the Redwood City School District.

As a school counselor, Grace has gained a wide range of knowledge working with

children and their families. By using Expressive Arts and Play Therapy, she helps children verbalize and process their feelings, build confidence, improve behavior and obtain coping skills.

Grace enjoys working with a variety of people such as children, individuals, couples and families. She loves to work with people of all ethnicities and different cultural backgrounds. With love, passion and compassion, she hopes to hold the space for her clients and bring healing to their hearts. Grace is in training for psycho synthesis which is a therapy that provides a variety of different approaches: introspection, dialogue, insight, creative expression, inner dialogue, dream work, imagery, sand tray, etc. The goal is to elaborate and deepen the clients' understanding of the issue at hand so that new insights and new actions become possible.

In the past Grace was a corporate finance professional for 12 years in the high tech industry. In her leisure time she enjoy straining in Aikido, taking yoga classes, meditating, hiking, traveling, and spending time with her family. Grace is bilingual in English and Mandarin.

李淑娟是一位婚姻與家庭治療師實習生，她畢業於蘇菲亞大學並取得心理學碩士學位。她喜愛從事與兒童、成人、夫妻及家庭方面的輔導。她也熱愛於從事不同族裔及不同文化背景的輔導。身為在台灣出生的第一代移民，她擁有移民的親身經歷，並對於跨文化和代溝有切身的經驗。她通曉國語和英語。她的專長包括：兒童輔導、成人輔導、依附、抑鬱和焦慮、離婚過渡、父母和子女的關係輔導及移民和亞裔美國人的身分問題。

Grace Tang, MA, MS, LMFT 劉宛宜 Licensed Marriage and Family Therapist
(408) 912-2808 1101 S. Winchester Blvd, Suite N-265, San Jose, CA 95128
Grace@GraceTangCounseling.com www.GraceTangCounseling.com

Grace Tang is a licensed Marriage and Family Therapist, specializing in adolescents, parent-child relationships, couple relationships, depression and anxiety. She believes that each life problem provides an opportunity for growth, and each person has the potential to rise above adversity and live a more fulfilling life.

After working as an engineer for 20 years, Grace decided to dedicate her life to helping others. Deeply compassionate and highly analytical, she works with clients to sort through difficult issues in their lives. As an immigrant from Taiwan, Grace speaks fluent Mandarin Chinese and English, and provides culturally sensitive services to clients from diverse backgrounds. Her experiences include providing counseling at Leland High School and Castillero Middle School, teaching parenting classes for parents of teens and co-parenting classes for divorced parents, working with couples to develop more satisfying relationships, helping families resolve cultural conflicts, and assisting individuals in overcoming emotional issues.

Grace also served in the Christian youth and children's ministry for over 20 years, and is frequently invited by Chinese churches, organizations and radio stations to discuss mental health issues. Please feel free to check out the videos and audios at her Chinese website: <http://GraceTangCounseling.com/cht/VideoAudio.shtml>. She has a private practice at San Jose, and invites you to contact her for a free confidential phone consultation.

劉宛宜女士是持有加州執照的婚姻家庭心理諮詢師，專長青少年問題、親子關係、夫妻關係、憂鬱症及焦慮症。她願意以專業的知識與經驗，協助人們撥雲見日，走出陰霾。

劉女士來自台灣，會說流利的國語和英文，能提供適合民情的親切服務。在矽谷高科技界工作了20年後，她毅然決定轉而獻身心理醫療的服務工作。她曾在聖荷西的公立高中 **Leland High School** 和初中 **Castillero Middle School** 擔任學校的心理輔導，經常為青少年的父母或離異的父母教授親子教育的課程，成功地協助過許多個人、夫妻和家庭處理情緒的問題，化解文化的衝突，重建親密的關係。

劉女士在教會服事青少年和兒童的事工多年，在灣區經常應華人團體、教會和廣播電台的邀請，主講心理健康的專題。歡迎瀏覽她網站上的影音頻道：

<http://GraceTangCounseling.com/cht/VideoAudio.shtml>。她在聖荷西有一間私人診所，樂意提供免費電話諮詢，歡迎與她聯繫。

Gracia Wiarda, LMFT Licensed Marriage and Family Therapist
(415)570-2705 1100 Sanchez Street, San Francisco, CA 94114
gracia.wiarda@gmail.com

After completing her studies at Wheaton Graduate School (where she met her husband) Mrs. Wiarda taught at Singapore Bible College (SBC) and worked part-time at the Counseling and Care Center (CCC) as a counselor. She and her husband then joined Arab World Ministries and served from 1980-1992 in France, Algeria, and Oman. During a leave of absence from AWM in 1987-89, she completed a MFT degree at Hahnemann University in Philadelphia. Upon their return to Singapore, she taught pastoral counseling courses at SBC on a part time basis and worked full-time at CCC. She counseled individuals, couples and families, trained and supervised counselors, did assessments and debriefing with missionaries, and ran workshops for churches, missionary organizations and other agencies. In 2006 she and her husband removed to the Bay Area where he is a New Testament professor at the Golden Gate Baptist Theological Seminary. They have been married for 37 years and have 2 adult children and 2 grandchildren. She and her husband attend First Baptist Church of San Francisco. She has been affiliated with the Christian Psychotherapy Services for the last 5 years.

She operates from a biblical world view of a Creator and Redeemer God who is present, active, and personal; and of humankind created with physical, emotional, mental, behavioral, relational, and spiritual needs and capabilities. She believes we are created with the capacity to make changes and grow no matter how stunting we believe our upbringing had been. She seeks to enable clients to gain self-awareness and understanding so as to make changes that lead to a healthier relationship with self and others. She works with clients to develop skills, resources, and practices that promote healthier regulation of thought patterns, emotions, behaviors, and relationships. During the course of therapy, she is likely to draw on various psychological approaches according, in part, to the problem that is being presented. They may include cognitive-behavioral, experiential, family systems, intergenerational, EMDR informed, or psycho-educational approaches.

Jill Chih Mei Chen-Kuendig, LMFT 陳志美

Licensed Marriage and Family Therapist

(650) 576-9712 drikuendig@gmail.com (沒有機密的個人信息) Please call for San Jose

or San Mateo location

Jill came from Taiwan and she graduated from Taiwan Theological Seminary. She came to United States to complete her MFT degree at California Baptist University in 1994. She has two Master degrees with Counseling of Psychology and Clinical Psychology and she is working on to obtain her doctoral degree.

In addition to providing counseling services, Jill has been invited to speak at churches, schools, professional organization, and other community centers. Interested topics include psychological stress management, mental illness impact on the patient and the family, cultural parenting, relationship, and marital issues. She also provided crisis consultation for organizations.

Jill is a licensed Marriage and Family therapist with over 25 years of clinical experience working in community agencies, hospitals, domestic violence shelters and schools. Jill specializes in children, adults, family and group treatment. She also specialize in cross-cultural communication, acculturation, multicultural identity and life transitions. For 25 years, Jill works with diverse multicultural populations coping with issues related to a wide range of mental illness and psycho-social adjustment.

Currently, Jill is an Outpatient Program Manager for Momentum for Mental Health and a Behavioral Health therapist for El Camino Hospital. Jill is also the lead for American Red Cross Disaster Mental Health. Dr. Chia-Ling Mao and Jill started the first Chinese American NAMI support group in the year of 2000.

Jill provides cultural and linguistic consultations in addition to individual, family and group psychotherapy in Mandarin, Taiwanese and English.

來自臺灣的志美畢業於台灣神學院，來到美國後，她在1994年時完成加州浸信會大學婚姻與家庭治療MFT學位。她擁心理諮詢學與臨床心理學的兩個碩士學位，而她現在正為她的博士心理學位努力中。

除了提供心理諮詢服務，志美也受邀到教會、學校、專業機構和其他社區中心演講。演講題目包含：心理壓力管理、精神疾病對病患及家屬影響、跨文化親子養育、人際關係、婚姻議題。她也為不同的機構提供危機諮詢。

志美持有婚姻與家庭治療師的執照，並在社區機構、醫院、家庭暴力庇護所和學校有超過25年的臨床經驗。志美專攻於兒童、成人、家庭和群體治療，她也涉略有關跨文化溝通、文化適應、多重文化認同和生命轉變方面的問題。在25年間，志美與不同的多重文化種族居民合作，處理精神疾病和社會精神分析調整等大範圍相關議題。

目前，志美在Momentum for Mental Health擔任門診部經理和在艾爾卡密諾醫院（El Camino Hospital）擔任行為健康治療師。志美同時也是美國紅十字會受災心理治療指揮。在2000年，毛家玲博士和志美開始美國第一個華人NAMI精神心理自助小組。

志美除了提供華語，台語和英文的個人、家庭和群體心理治療外，也有為不同的機構提供跨文化和語言諮詢。

Joy Wong Liu, MA, LMFT 黃燕敏 Licensed Marriage & Family Therapist (MFC# 53681)
(510) 999-6380 Quiet Waters Counseling 917 The Alameda, Suite 4, Berkeley, CA
94707 joy.wong.liu@gmail.com www.qwaters.net

Joy Liu is a Licensed Marriage and Family Therapist who received her Master Degree in

Marriage and Family Therapy from Western Seminary in December, 2008. She also holds a Bachelor's Degree in drama from Stanford University. Joy has a joint private practice in Berkeley with her husband Anthony Liu, where they focus on helping clients to recover from addiction and trauma and to build healthy relationships.

Joy has a quiet, nurturing presence and uses a strength-based, experiential approach in psychotherapy. Joy has a strong background in working with kids and teens as well as adults with trauma. She is trained in EMDR and has been pursuing advanced training from the Therapeutic Spiral Institute for the use of psychodrama in the treatment of trauma. Her work with clients includes influences from drama therapy, art therapy, and attachment theory, with a foundation in behavioral therapy. Joy has been asked to lead workshops on a variety of topics, especially relating to parenting and ministering to difficult children and teens. Joy also leads an experiential group for healing from trauma. Joy comes from a Chinese American background and Christian faith. She attends Chinese for Christ Berkeley Church, where she has previously served for many years as the Creative Arts Ministry Director and a core leader of the young adult fellowship. She enjoys working with clients from all kinds of cultural backgrounds, faith traditions, and life journeys. Joy speaks English as well as conversational Mandarin and Cantonese. As an American-Born Chinese, Joy works best with individuals, couples, and families who have some English ability but desire a bilingual therapist who can understand their cultural backgrounds.

Kalam Lok Li, LMFT 駱嘉琳 Licensed Marriage and Family Therapist (MFC# 53488)
Kaiser Adult Psychiatry
5755 Cottle Road, Building 4
San Jose, CA 95123

Kalam is a Licensed Marriage & Family Therapist who obtained her BS degree from UC Davis and MA degree from Western Seminary specializing in Addictions Counseling. Currently she works at Kaiser's Adult Psychiatry Department and previously worked with different community organizations including Advent Group Ministries, New Life Community Service, Momentum for Mental Health and was also a Certified Trainer for the Santa Clara County Mental Health Department. She has experience working with diverse populations and challenges such as but not limited to cultural, immigration, trauma, addiction, mood disorders, severe mental illness and its impact on family and friends, stress management, phase of life problems and legal problems. Working with people and empowering them towards growth, change and freedom is Kalam's passion which is what originally brought her into counseling. Besides serving individuals in a professional setting, Kalam has also been actively involved with her church community and serves as a deaconess at Living Stone Christian Church.

Karen K. Yeh, Ed.M, Psy.D.

Licensed Clinical Psychologist (CA PSY18928)

(510) 668-1680

(510) 668-1660 fax 39210 State Street, Suite 200, Fremont, CA 94538

www.karenyehpsyd.com

www.feelinggoodtherapy.com

Karen K. Yeh, Ed.M., Psy.D., is Co-founder and Director of Curriculum at the Feeling Good Therapy & Training Center of Fremont. Dr. Yeh is a clinical psychologist specializing in working with patients who have the ability to make choices and learn self-corrective skills based in cognitive behavioral therapy. More simply put, if you really want to feel better, she can help.

Dr. Yeh works with individuals, couples, and families. She started out in 2003 working exclusively with children, teens and their parents. Since 2005, she has treated adult individuals as well. Her skills address mood problems like feeling depressed, lonely, or hopeless, or feeling anxious or stressed. Her relationship work includes problems between peers at work or in school, between parents and kids, between spouses or partners, or just problems that relate to other people or situations.

Dr. Yeh's work with her patients is tailored to the individual, rather than to the diagnosis, and her approach is based on the idea that how people think affects how they feel. Her goals are to facilitate, teach, and equip her patients with the tools to deal with their problems. Therapy doesn't have to be long-term. She offers longer, intensive sessions for concentrated work, and treats patients who travel from other states and countries in these scheduled 1-2 week long visits.

Karen K. Yeh, Psy.D., is a certified trainer of T.E.A.M. Therapy (level 4), a model of therapy developed by David Burns, M.D., of the Stanford University School of Medicine and author of bestselling books, including *Feeling Good: The New Mood Therapy*. Dr. Yeh, an MIT alumna, earned graduate degrees from the Harvard Graduate School of Education and the California School of Professional Psychology. . As a Christian, she supports local churches and pastors with referrals and expertise. She is bilingual in English and Mandarin.

Mary Tsai, MA, LMFT

Licensed Marriage & Family Therapist

(650) 948-8098

tsaimary.hsin@gmail.com

Mary Tsai was a lay helper in church for many years before entering the Marriage Family Therapy program at Western Seminary. She chose to re-enter school after forty years of age because she sees the need for Marriage and Family Therapists in church, in Chinese-American communities, and in Asia. As a lay helper, Mary felt she needed more knowledge, skill, and understanding of human minds, emotions, relationships and reactions. The reason she decided to learn helping people in God's way was a result of deep struggles she encountered in her personal life.

Recognizing the heavy burden on pastors and their wives from ministering to emotional difficulties among the congregation, Mary believes someone trained should help them to relieve their burden and focuses on helping those who got stuck in relationships or life situations in order to give them a chance to grow and be better.

Mary is trained in marriage conflicts, parenting with children and teens, depression and anxiety, drug and alcohol abuse, and human relationships. Except doing therapy, Mary also teaching classes in seminaries and working with "Becoming What God Intended" in Northern California and China.

Melvin W. Wong, Ph.D. 黃偉康博士 Licensed Clinical Psychologist (PSY 12233) Family, Forensic and Neuropsychology 家庭, 大腦神經, 法律心理學專家 Specialized Trainings, Seminars, Sunday Schools, Consultations, Sermons, Leadership Health Specialized Services: Psychological and Psychiatric Certifications and Diagnoses for Legal Issues Text/Voice: (415) 889-8796 (Emails and Texts Preferred) Mandarin 普通話, Cantonese 粵語 and English San Francisco 舊金山 (BART ½ block): 220 Montgomery Street, #1098 Fremont 菲利蒙 (BART 4 blocks): 39111 Paseo Padre Parkway, #215 DrMelvinWong@gmail.com www.ChristianMentalHealth.com

Dr. Wong was born and raised in Hong Kong but educated and stayed in the U.S. for 46 years. Geology was his college major but later changed to Clinical Psychology with a focus on the theory and research on IQ development in children. He taught psychiatry at UCSF School of medicine and treated the seriously mentally ill patients as well as done psychotherapy and cross-cultural psychology teaching at SFGH 6-B African-American Psychiatric Unit.

He has done volunteer teaching at many universities and seminaries in Asia and China. He has completed disaster relief work after the earthquake in Sichuan as well as volunteer work in Cambodia where he assisted/supervised the prevention and aftercare of human trafficked victims.

He is a California licensed psychologist in private practice for over 27 years in San Francisco and Fremont specializing in Family, Forensic and Neuropsychology. Formerly co-workers of CCM: Chinese Christian Mission and CFFC: Chinese Family for Christ. Herald Foundation Board Member.

His latest clinical research and interests are: Traumatized Chinese Women, prevention and treatment strategies; Sexual Violations: Prevention and Recovery; Gender Identity Formation: Theory and Practice; homosexuality, bisexuality, transgenderism. Christian Leadership and Management. Prevention of Divorce and Single Parenting: Children aftercare.

Books: Raising Gender Confident Kids (Amazon), Trauma Survivors' Casebook (Sichuan University)

QQ video: Legends of Overseas Chinese (30 minutes) Pain Chaser 苦難的追隨者

黃博士出生並成長於香港, 留學美國後定居舊金山46年, 前主修地質學後來改為臨床心理學, 最初興趣在孩子的智商發展理論和研究; 後來專門在加大醫學院教授精神病理學與治療嚴重精神病疾; 包括心理治療學和跨文化心理研究和教授。他曾在許多亞洲和中國的大學做志願工作者和客座教授, 如地震災後恢復。在柬埔寨幫助人口販賣受害者的康復與預防。

他是加州持牌執業臨床心理學家; 私家營業逾27年在舊金山及菲利蒙市。執業專長是家庭, 大腦神經, 法律心理學專家。前中信, 家新同工, 角声基金會董事。

最新臨床心理研究興趣包括: 華人婦女與心理創傷導論; 性侵犯的預防與治療; 性別身分認同的形成導論; 同性戀雙性戀泛性戀跨性別等。華人領導力和管理技巧; 華人離婚預防和單親孩子關顧導論等。

書本撰寫: 性別有自信, 孩子更快樂 (中英) 向死而生 (中) Dear 爸媽 (中)

QQ 網視頻: 天下華人節目30分鐘: 苦難的追隨者 黃偉康

Michelle Kwok, MD Psychiatrist

(408) 634-5965 1510 Fashion Island Blvd Ste 110 San Mateo, CA
94404www.michellekwokmd.com

Michelle treats psychiatric conditions using the bio-psycho-social framework. Psychiatric illnesses may have biological causes, like thyroid problems, the effects of chemotherapy, strokes, or genetic predisposition. Psychiatric issues may also have psychological causes, such as the lack of coping skills, difficulty processing situations, or early life experiences. Finally, psychiatric disorders may have sociological explanations: overwhelming expectations of one's social setting, perhaps, or drastic changes in one's environment. It is my duty to figure out how to arrive at the best outcome by utilizing the resources available to make changes. At times, medications are necessary. Other times, talk therapy is essential. And sometimes, we must use both approaches in tandem. Everyone's needs are different, and I form specific and individualized treatment plans through collaboration with my patients. I treat a wide variety of psychiatric disorders, especially mood and anxiety disorders; these are the two most common psychiatric issues we see in our community. I have a particular interest in women's mental health, including the management of peri-partum psychiatric disorders and eating disorders.

Mimi Leung-Pang, LMFT, BCPCC Licensed Marriage and Family Therapist
(510) 996-868539111 Paseo Padre Parkway, Suite 215, Fremont, CA 94538 mimi-lmft@mfc-c.net

Mimi Leung-Pang is a licensed Marriage and Family Therapist and holds a master's degree in Counseling Psychology from California Baptist University.

For over two decades, she has been in private practice.

Mimi works with individuals, couples and families in personal growth, behavioral health needs and spiritual issues; discord in marital and family relationships; child developmental and parenting issues. She is also both an EAP specialist and a crisis care specialist.

Mimi conducts therapy in English, Cantonese and/or Mandarin. She also gives presentations and workshops on topics relating to the above issues in English.

Her experience includes individual, couple, family and group therapy in private practice; community based mental health, youth crisis and family service agencies. Mimi is also certified as a facilitator with **Critical Incident Stress Management (CISM)** to debrief individuals who have experienced a traumatic event. She is selected into "**Guide to America's Top Mental Health Professionals**" 2006 edition. In addition, she is certified as an **International Board of Christian Counselors**.

It is Mimi's mission to assist individuals and families to restore their emotional/relational health, so they can live to their God given potential for His glory.

Minyang Mao, M.D. Adult Psychiatrist
(650) 539-5581 1510 Fashion Island Blvd, Suite 110, San Mateo, CA 94404
MinyangMaoMD.com

Dr. Mao is a graduate of the Honors Program in Medical Education at Northwestern University in Chicago, Illinois. He graduated Cum Laude from Northwestern University

with a B.A. in Biological Sciences and received his M.D. from Northwestern University Feinberg School of Medicine. He then completed a four-year residency in psychiatry at Northwestern University. Dr. Mao is board-certified by the American Board of Psychiatry and Neurology. He has special clinical interest in the treatment of depression and anxiety, Asian-American mental health, and spirituality and mental health. Dr. Mao tailors his treatment recommendations to each unique patient's needs and preferences. After a thorough consultation phase, Dr. Mao works with his patient to decide if what types of treatments would be helpful: talk therapy, medication therapy, or both. As a Christian psychiatrist, Dr. Mao finds great personal fulfillment and purpose from his faith, and attends Menlo Park Presbyterian Church San Mateo Campus with his family. He enjoys discussing the interaction of spirituality and mental health with patients for whom spirituality is a relevant part of their lives. Dr. Mao speaks Mandarin, and is "In-Network" for several insurance companies.

Nancy Choy, LMFT 蔡雁玲 Licensed Marriage and Family Therapist (MFC #53379)
Christian Counseling Center 748 Mercy St., Mountain View, CA (650) 961-5798
nnchoy@gmail.com

Nancy is a licensed Marriage and Family Therapist. She received her Master's degree in Marriage and Family Therapy with Addiction Studies Certificate at Western Seminary. Nancy was born in Hong Kong and obtained her Bachelor and Master's degree from U of Minnesota, Twin Cities in Computer Science. She currently works at Christian Counseling Center in Mountain View specializing in family and couples relationships, occupational difficulties, and emotional distress. Her experience includes helping youth and adults with issues such as academic or occupational stress, marital issues, family conflict, peer relationship, anger management, abuse, drug related problems, depression, anxiety, suicide, poor self-image, and lack of motivation.

蔡雁玲持有加州婚姻家庭心理治療師執照。於灣區山景城為兒童、青少年、成人以及夫妻、家庭等提供心理治療服務，專門處理有關人際關係、婚姻、家庭、工作與情緒困擾等問題。Nancy生於香港，取得明尼蘇達州大學電腦工程學士及碩士，和西方神學院婚姻家庭及兒童輔導碩士。她的經驗包括幫助學生及成人處理學業或工作壓力、家庭衝突、同儕關係、破壞性行為、濫用毒品、抑鬱、焦慮、自殺傾向、缺乏動力等問題，以及幫助夫妻共同面對生活上的壓力和傷痛及成長期的挑戰，增進婚姻及親子關係。

Nely Coyuki-Fu, M.D. Psychiatrist
(408) 808-1652 160 Saratoga Ave, Suite 140, Santa Clara, CA 95051

Dr. Coyuki-Fu received her residency training and fellowship in Mood Disorders at Case Western Reserve University in Cleveland and was a clinical faculty there before moving to the Bay Area. She was a psychiatrist at the Veterans Administration mental health clinic and director of the residency training program there for Stanford psychiatry residents. She now has a private practice in Santa Clara, and sees patients on a fee for service basis.

Dr Coyuki-Fu sees adults with various problems such as anxiety. Her specialty is in mood disorders, dealing with depression, bipolar disorder, and women in pregnancy

and postpartum situations who need psychiatric help. Her practice includes seeing patients for medication management as well as therapy if desired. Languages spoken include English, Mandarin, and Fookien. Church attendance is at the Peninsula Bible Church in Cupertino.

Nia Wong, M.S. 黃邱妮雅 Licensed Marriage & Family Therapist (MFC # 41037)
(650) 394-6248 500 East Calaveras Blvd. Suite 317, Milpitas, California 95035
21710 Stevens Creek Blvd., Suite 105, Cupertino, CA 95014 www.niawong.com

Nia received her Master's degree in Marital and Family Therapy from Fuller Theological Seminary. In the past 18 years, she's been counseling individuals, couples, families, teenagers and children. Her experience includes working with overseas-born parents and their American-born children, women and children of domestic violence, immigrant families, and premarital couples. Other areas of emphasis in her work include family-of-origin issues, depression, anxiety, healing and recovery from marital infidelity and intergenerational and cross-cultural issues. Nia was born in the U.S. and grew up here. However, she had also spent several of her childhood and teenage years overseas in Taiwan. She is fluent and literate in Mandarin, Cantonese & English. Nia has given workshops on lay counseling, parenting, OBC-ABC issues, effects of divorce on children, relationships and communication. She's also provided play therapy to young children and conducted group therapy for children of divorced parents. Nia attends Christ Community Church of Milpitas & serves as a deacon there. She has been married for 15 years & homeschools all 4 of her children. It is her desire to bring God's hope & healing to her community.

妮雅畢業於加州富勒神學院,擁有婚姻家庭治療碩士學位。過去十八年專職從事個人、夫婦、家庭以及青少年及兒童之心理輔導。她的專長包括:移民父母與土生下一代親子之關係、家庭暴力之受害母親與孩子、新移民家庭之適應和婚前男女相關之問題。對於原生家庭之困擾、憂鬱症、焦慮反應、婚外情創傷之治療與復健、隔代親子關係以及跨文化等問題均有獨到之心得。妮雅雖然是出生於美國的第二代華人,但她精通國、粵、英語。她曾經帶領及主講下列之專題講座:非專業輔導員訓練班、親子講座、移民父母與土生下一代之關係、離婚對孩子之影響、以及人際關係與溝通等工作坊。她也提供專業的兒童遊戲治療和帶領父母離異的兒童治療團體。妮雅已婚十五年,育有四個孩子。

Rana Huang, LCSW Licensed Clinical Social Worker (LCSW#26060)
(510) 548-5858 ext. 531 Berkeley Christian Counselors First Presbyterian Church of Berkeley, McKinley Hall 2407 Dana Street, Berkeley CA 94704
rana.h@berkeleychristiancounselors.org

Rana is a Licensed Clinical Social Worker who is passionate about seeing God bring hope and healing to people's lives. She enjoys working with college students, adults, couples, and families and has conducted therapy in a variety of settings, including community agencies, hospitals, and churches. Her training and experience have equipped her to provide counseling for a wide range of issues, including depression, anxiety, grief, parenting, relational conflict, life transitions, identity issues, and spiritual

development. Rana has been trained in PREPARE/ENRICH, and has completed Level 2 Training in Gottman Method Couples Therapy for pre-marriage and couples counseling. She is also a graduate of the Harris Early Childhood Mental Health program. She is fluent in Cantonese, and understands the complexities of a bicultural experience. She believes that therapy should aim at core heart issues to produce real and lasting change

Ruth Lin, LMFT 林慧娟 Licensed Marriage & Family Therapist(MFC #37621)
(650) 515-349121710 Stevens Creek Blvd., #105, Cupertino, CA 95014
ruthlmft@gmail.com

Ruth Lin is a Licensed Marriage and Family Therapist. She has been providing counseling service since 1992 and is in private practice in Cupertino. She has a mission to promote the mental well-being in Chinese community and is one of the founders of Chinese American Counseling Service. Her dedication to her folk people is to prevent their mental illness in the early stage.

Ruth provides individuals counseling for a wide range of issues, such as depression, identity seeking, better parenting, parents child relationship, couple issues and grief counseling.

Ruth gives talk at different churches and teaches counseling psychology courses at Harvest Seminary and is also a freelance writer for Chinese Christian periodicals and World Journal Newspaper of USA for more than 10 years. She is often invited as a guest speaker sharing her professional experiences on Christian radio programs. All her professional experiences not only promote the mental well-being in Chinese community but also reinforce God's calling on her that are to serve people and lead people to God.

She is proficient in Mandarin, Taiwanese, English and understands Cantonese.

林慧娟女士持有加州婚姻家庭心理治療師執照。她自1992年起便開始諮商工作，目前她在Cupertino有私人診所。她把提升華人的心理健康當成自己的使命，秉持著這個使命，她在2005年和一群心理專業人士創辦了華人心理輔導中心 (www.chinesecounseling.org)，宣導預防重於治療的觀念。

林女士提供個人心理諮商服務：內容包括：憂鬱症，尋找自我定位或生命的方向，父母嘗試成為更好的雙親，親子關係，夫妻或情侶諮商，傷慟治療。

林女士在不同的教會提供講座，並且在豐收神學院教導心理輔導的相關課程。她也是一位自由作家，她的文章可見於基督教刊物，她在世界日報寫了十年的專欄。她也常受邀在廣播節目分享她的專業。這些經驗都讓她更加清楚神在她專業中的託付，希望透過不同方式的分享，不僅提高華人對心理健康的重視，也可以將神的福音分享給更多的人。

林女士通曉普通話，台灣話，英文，和聽懂廣東話。

Sam B. Leong, Ph.D. Licensed Psychologist and Licensed Marriage & Family Therapist (415) 550-69641100 Sanchez St., San Francisco, CA 94114
dr.sambleong@gmail.com

Dr. Sam Leong is a licensed therapist who has served the Bay Area Christian

community for more than thirty years. He has extensive experience in providing psychological services to adults, adolescents, and families. Dr. Leong's clinical interest include working with men on their father issues, couples therapy (pre-marital and marital), and providing care to people who are in ministry (ministers, missionaries, and those involved in para-church ministries). He has been affiliated with Christian Psychotherapy Services, a multi-disciplinary group of mental health practitioners, in San Francisco for the past twenty-eight years.

Dr. Leong is currently an adjunct instructor in the Masters in Christian Counseling program at Golden Gate Baptist Theological Seminary. He has also taught in other graduate counseling programs at Northwest University in Kirkland, Washington and at the South Bay campus of Western Seminary.

He has been invited to speak at churches, Christian schools and conferences on various topics such as marriage enrichment, parenting, mental health concerns, and healing emotional wounds.

Dr. Leong is a native-born San Franciscan whose parents came from Canton, China. He provides services primarily in English. He is an active member at the San Francisco Chinese Independent Baptist Church where he serves as a deacon. He is married and has two adult children.

Shue Y. Pun, M.A., LMFT Licensed Marriage & Family Therapist
(408)781-6258 21710 Stevens Creek Blvd., Suite 105, Cupertino, CA 95014
shuepun@sbcglobal.net

Shue Pun is a Licensed Marriage and Family Therapist, with thirty years of experience working with individuals, couples, groups and families.

From 1985 to 1994, Shue had been working in several counseling centers and community agencies. Besides providing psychotherapy to clients directly, she had coordinated counseling services and educational programs at Chinese Family For Christ. Later then, she had also developed and implemented Family Health Services programs at Legend Learning and Family Resource Center. Since June 1994, Shue left her organizational services and fully committed to personal private practice till present time.

Shue specialized in treating adults with relationship issues, marital discord, divorce issues, and parenting problems. Other expertise areas include personal struggles such as cross-cultural challenges, depression, anxiety, and problematic behaviors. As a Christian Counselor who received the calling from God into the healing ministry of human soul, she is also devoted in the ministry of Inner Healing through prayer.

Throughout the years, Shue has been invited to speak at corporations, radio programs, schools, community organizations, and churches. Topics included emotional health, communication skills, conflict resolution, courtship, marriage enrichment, and parenting issues. She is bicultural, and trilingual in English, Cantonese and Mandarin.

Shue was born in China, grew up in Hong Kong, received college education and citizenship in U.S. She accepted Christ in her junior high years, and since then has been growing and serving in evangelical churches. Currently she is attending West Valley Christian Alliance Church. Her serving experiences include prayer ministry, short-term mission trips, teaching Sunday School, discipleship, and leading fellowship. She is

married and has one son who is working in San Diego.

Sik-Lam Wong, MA 黃錫林 Registered Marriage and Family Therapy Intern (IMF# 74664)

Herald Family Rebuilding Center 39155 Liberty Street, D450, Fremont CA

Tel: (510) 790-3366 Cell: (510) 423-1027 slwong@heraldinternational.org

Sik-Lam Wong is an MFT intern expecting to take his licensing exam in early 2016. He practices under supervision in Fremont at the Herald Family Rebuilding Center and at the Berkeley Christian Counselors in Berkeley.

Sik-Lam is fluent in English and Chinese (Mandarin/Cantonese) and offers counseling in both languages. Sik-Lam focuses on trauma work, knowing trauma can present itself as anxiety/depression, compulsive/addictive behaviors, PTSD, rage and relationship issues. As an older male, many clients seek him out to help them with their couple, family and parent issues.

Sik-Lam is trained in Collaborative Couples Therapy (CCT) to help couples control their emotions and verbalize their hidden needs. He is also trained in EMDR and has a working knowledge of Internal Family Systems to help clients deal with their past traumas.

In his current practice, Sik-Lam sees many couples and families, as well as individuals traumatized by family of origin issues, domestic violence, abuse and molestation. He also offers groups on family of origin issues, parenting and emotion regulation.

Sik-Lam has been a frequent speaker at BASS and a guest lecturer at seminars in the Bay Area.

Sik-Lam is a graduate of the MFT program at Western Seminary in San Jose. He also has a PhD in Electrical Engineering from UC Berkeley and had worked as a plasma physicist for more than 30 years.

Stanley Kuo, MFTI 郭世孝 Marriage & Family Therapist Intern

(408) 458-5256/16275 Monterey Road Suite C, Morgan Hill, CA 95037/10340 Bubb Road, Cupertino, CA 95014 stanley4counseling@gmail.com

<http://mydiscoverycc.com/staff.html#/bio/26>

By looking at a caterpillar, nothing in it tells us that it's going to be a butterfly.

Sometimes it's also hard to imagine that our life transforming is possible, though it actually can happen. Just like the transformation of a caterpillar can occur, with patience and perseverance, in a safe and warm cocoon, our life transformation can also begin in a safe, supportive and psychotherapeutic relationship.

Life is tough! Suffering and pain seem inevitable! Yet with your willingness and my passion, we can work together to make each setback in your life to become a setup for growth and transformation.

I worked as an engineer, a scientist, and a manager in AT&T Bell Labs and Apple Inc. for more than 20 years. With bitter and sweet lessons I have learned in my career, marriage and raising up three sons, along with the growing passion I have had towards serving people, I have turned a page of my life to become a psychotherapeutic counselor to serve people in the areas of relationship, family, marriage and career

development.

I have actively involved in church and community caring ministries, serving as a lay counselor and leader in children, youth and family ministries as well as in a Boy Scout troop. In addition, my wife and I founded and operate a preschool, where I serve as the school counselor helping students and parents to build strong and loving family relationships.

I received my Ph.D. in Electrical Engineering from Rutgers, the State University of New Jersey in 1991 and my MA in Marriage and Family Therapy from Western Seminary in 2015.

Credential is important, yet love is essential. I prayerfully hope that I can make a difference in people's life by genuinely caring and supporting them while they go through peaks and valleys in their life journey.

毛毛蟲變蝴蝶，是個看似自然，卻又神奇而不可思議的變化！沒見過這樣奇妙蛻變的人，絕對不能置信，那麼醜陋，人見人嫌的毛毛蟲，怎能變成五彩繽紛，輕盈曼妙的蝴蝶呢？人生是艱困的！苦難和傷痛似乎在所難免。然而，人生的轉化，正如毛毛蟲一般，只要給予足夠的支持，耐心，和毅力，奇妙的改變，就會發生！只要你願意，我會竭誠地，用我的熱忱和專業技能，在一個安全而溫馨的氛圍中，陪你走過生命的低谷，讓每個危機，成為你成長的轉機，就如毛毛蟲變蝴蝶，那樣奇妙的驚喜！

我在1984年，從國立台灣大學土木工程學系畢業，並於1991年，從新澤西州立大學，取得電機工程博士學位。之後我曾任職工程師和研發部經理，在AT&T的貝爾實驗室，和蘋果電腦公司，服務超過20年。在我的職業生涯，婚姻生活和養育三個兒子的苦與樂中，我學習到了許多寶貴的人生功課。同時我也發現我對服務人群，越來越有熱忱！經過許多的思考和探索後，我轉換了人生的跑道。我在2015年，從 Western Seminary 畢業，取得家庭婚姻治療的碩士學位，成為一個專業的心理諮商師。諮詢的內容涵蓋，職業生涯規劃，個人，家庭和婚姻方面的需要等。

此外，我也一直積極擔任社區和教會中的義工，例如兒童主日學，青少年團契，童子軍，婚姻家庭小組等。同時，我也在我的妻子，所創辦的家庭幼兒園中，擔任顧問和輔導，長達十多年之久，並且樂此不疲！

雖然專業的資歷很重要，但“愛”是更不能少的！我深切地祈盼，我可以藉著真誠的關注，專業的知識和不斷的鼓勵，陪伴有需要的人，走過人生中的高山和低谷，讓他們的生命繽紛絢爛，正如彩蝶一般！

Susan Lee, LCSW Licensed Clinical Social Worker

(650) 307-7338/1838 El Camino Real, Suite 220, Burlingame, CA 94010

susan_k_lee@yahoo.com, chsulee@yahoo.com

Susan is a licensed clinical social worker since 1989. She received her Bachelor's degree in Education from the University of Illinois, Urbana Champaign Campus and her Master of Social Work degree from Jane Adams College of Social Worker, University of Illinois, Chicago Campus. Susan and her family came to the US from Hong Kong when she was 12 years old. She grew up in Chicago and moved to the Bay Area in 1985. Her clinical services include individual psychotherapy, couple and family therapy, pre-marital counseling, depression, anxiety, crisis intervention, grief, Christian counseling,

parenting issues and life transitional issues. Presently Susan works as a clinical therapist in the Psychiatry Department at Kaiser Permanente Medical Group in Redwood City. She also has a private practice in Burlingame. Susan is fluent in English, Cantonese, Mandarin and Toishanese.

Tania Choi, LMFT Licensed Marriage and Family Therapist (MFC#52591)
(408) 486-90983880 South Bascom Ave Suite 217 San Jose CA 95124100 W El
camino Road Suite #74B Mountain View 94041 www.taniachoi.com
www.traumatreatedtenderly.com

Tania Choi is a graduate of Santa Clara University and licensed Marriage and Family Therapist. She believes healing and change naturally happens when people are validated and empowered. She specializes in issues of codependency, boundaries, differentiation, anger and anxiety. Tania is an EMDRIA Certified EMDR (Eye Movement Desensitization and Reprocessing) therapy clinician and is trained to work with victims of trauma, abuse and PTSD. She also received advanced training for EMDR therapy with attachment, addictions and compulsion. Tania has a special passion for working with couples in crisis and transition and leverages the work of Imago (Getting the Love you Want). She also loves working with teens and children and offers parent coaching in her practice.

While working in private practice, her past experience included functioning as a school counselor for an Elementary and Middle School, facilitating codependency groups for church, running group for Teen Challenge (residential drug treatment center), teaching Love and Logic Teen Parenting classes, running Divorce Care group therapy for children as well as consulting for the Palo Alto School District. In her past life she was user interface designer as well as a educational researcher for Stanford's Bing Nursery. Her MA in Counseling Psychology is the culmination of many past lives as a graphic designer, writer and educational technologist (BA Brown University, BFA from Rhode Island School of Design, M Ed. from Stanford University) She is a grateful member of 12-step and enjoys working with members in recovery. Tania was born and raised in Singapore and is bilingual in Mandarin and English. In her spare time, she loves on a husband of 20 years and two school aged children.

Wilson Ho Yin Cheh, M.A., LMFT, CADCI, ICADC, LPCC 車浩然 Licensed Marriage & Family Therapist (LMFT #50906) Certified Alcohol and Drug Counselor Level II (CADCI #A8401112) Internationally Certified Alcohol and Drug Counselor (ICADC #A8401112) Licensed Professional Clinical Counselor (LPCC #1245)
(510) 402-69623100 Mowry Ave, Suite 303, Fremont CA 94538 (Affiliated with Fremont Christian Counseling Center) ephesians316p@gmail.com

Wilson is a multi-licensed mental health professional who holds a Bachelor's Degree in Chemical Engineering from the University of Texas in Austin, and a Master's Degree from Western Seminary, San Jose. Interested in the vast and interwoven contexts of life, Wilson pursues a wide range of clinical experience across various disciplines, cultures, populations, and generations to be able to approach counseling and therapy in ways that are practical, integrated, and strategic. He addresses the client's presenting

problems, meaningfully and therapeutically connects to the person and family in need, while identifies and navigates through various processes that may be involved and undergoing. Wilson is a California Board of Behavioral Science (BBS) certified clinical supervisor for pre-licensed MFTi, ASW and PCC interns.

Born and raised in Hong Kong, Wilson spends most of his adult life in the States. Thus he considers himself bicultural. He is bilingual in English, Cantonese, and Mandarin who can also read and write Chinese. Prior being a therapist, Wilson spent 10 years in the semiconductor industry in Silicon Valley.

Wilson is passionate and about family, everything that goes along with it, as it's original design intended. He believes family is a place of great power that can bring great hurt as well as deep healing and restoration.

Worked in children and family mental health services non-profit agencies in the Santa Clara County, Wilson is trained in providing relational, emotional, and behavioral mental health services for children, teenagers and their families. Some therapeutic themes he is experience in includes:

- Children/Teenager emotional issues (i.e. anxiety, depression, numbness)
- Relational and identity issues (i.e. with self, peers, siblings, or parents)
- Behavioral issues (i.e. internet/gaming and other forms of addictions)
- Family transitions (i.e. birth, launch, relocation, illness, aging, deaths)
- Crisis (i.e. aggressive/high-risk behaviors)

As a licensed marriage and family therapist, Wilson is a certified Prepare-Enrich facilitator (<https://www.prepare-enrich.com>) for pre-marital counseling. He approaches marital counseling utilizing his various training in assessments and treatment modalities that matches the stages, cultural, and generational contexts of the family in-need. He prefers, but not limited to, short (5-8 sessions), solution-focused, and integrated approaches (i.e. Brief Strategy Family Therapy). Some therapeutic themes for couples and families Wilson experienced in includes:

- Strained/unhealthy relationships (pre-marital, marital, in-laws)
- Trust and relationship repair and healing post infidelity
- Support and recovery from pornography, sex and love addictions
- Effective communications and healthy boundaries

For therapy with individual clients, Wilson's style is strength-based, hope-based, empowering, insight and attachment oriented. He is an advocate for men & women reaching out and seeking support regardless of the seasons of their life and faith journey. Using clinical training and spiritual intervention that is consented and clinically appropriate, Wilson assists individuals to deal with challenges that "goes deeper", for example:

- Processing childhood wounds
- Identifying dysfunctional beliefs on self and others and breaking them
- Grief and loss, forgiveness
- Self-worth, faith, and dreams

While maintaining his part-time private practice in Fremont, Wilson has been in Director roles oversees clinical programs for older adults and for children and families in various agencies in the Bay Area. He is a member of the deacon board in his home church. He will consider invitations to host or guest-speak for workshops, radio shows, or other teaching, advocacy, ministry, or professional engagements.

Some workshop topics Wilson hosted:

- Substance Abuse
- Bullying –Info session for parents
- Screen Addiction: Internet, gaming, and Parenting for teens today
- Attachment in Adult relationships
- Reactive Attachment Disorder (RAD) in children –clinical training
- Counseling 101 for overseas missionaries and workers

KFAX Radio Show “Care with Confidence” guest, shows aired on
3/07/2015: How our upbringing influences our adult relationships

4/11/2015: Dealing with aging parents as adult children (part 1)

4/18/2015: Dealing with aging parents as adult children (part 2)

Free MP3 recordings (~25mins each)

<https://www.dropbox.com/sh/h04ad8omtfbp16y/AABQzwJ5R-sz9II1EfT-KP4a?dl=0>

*Copy and Paste this link to your browser to access

Winnis Chiang, MA, LMFT 蔣吳蘊蘭

Licensed Marriage and Family Therapist(LMFT# 39732)

(925)806-860012280 Saratoga-Sunnyvale Road, Suite 106, Saratoga, CA 9507039111

Paseo Padre Pkwy, Suite 215, Fremont, CA 94538 winnis@parentingabc.com website:

www.parentingabc.com

Winnis Chiang, founder of ParentingABC.com, is a Licensed Marriage and Family Therapist. She holds a Bachelor’s Degree in Electrical Engineering and Computer Science (EECS) from U.C. Berkeley and a Master’s Degree in Marriage, Family and Child Counseling (MFCC) from Western Seminary.

Born and raised in Hong Kong, Winnis and her husband from Taiwan were married in 1975 after only three months of dating. Although both became successful high-tech professionals, their marital relationship deteriorated due to parenting conflicts. Her pain eventually led Winnis to Jesus Christ in 1989. Subsequently, her husband and son were saved. In 1995, Winnis put her software engineering management career aside to become a stay-at-home mom, but the Lord directed her to study counseling. Winnis and her husband (an engineer turned pastor) have dedicated their lives to pastoral and teaching ministries, especially equipping the saints in the Body of Christ.

Since 1997, Winnis has provided therapy to individuals, children, adolescents, couples, families and groups at a Christian residential recovery center for women, public schools, and community clinic where she gained extensive training and experience, including Play and Art Therapy. In Private Practice since 2003, Winnis’ specialties include treating mood problems (depression, anxiety, anger), lack of positive emotions and healthy self-image, relationship problems, habits and addiction, premarital counseling, marital counseling, multi-cultural and intergenerational communication issues.

With former careers in software engineering, development management, stay-at-home mom, counselor of kids and teens at public schools, and children's minister, Winnis is most passionate about helping young professionals, couples and parents of ABC in the

Silicon Valley. She founded Parenting ABC in 2005 to help Chinese immigrant families through speaking, training, coaching and writing. Fluent in English, Mandarin and Cantonese, she is frequently invited to lead workshops in the community, churches and BASS convention. She also leads retreats, family conferences, growth point groups and parenting classes. With calling and opportunities from God, Winnis dedicates herself in Christ to help couples to face life challenges and struggles so that they can get along with, enjoy, influence and equip their American-born children.

蔣吳蘊蘭師母是ParentingABC.com創辦人，持有加州婚姻家庭治療師執照、柏克萊加大電機電腦工程學士學位和西方神學院婚姻家庭及兒童輔導碩士學位。來自香港，1975年讀大學時與來自台灣的丈夫結婚。自1989年蒙恩得救後，丈夫和ABC兒子也相繼信主，新生命帶來不再一樣的婚姻家庭事業，全家經歷神的恩典，激勵夫妻同心牧會、裝備聖徒。

自1997年開始輔導個人、兒童、青少年、夫婦、家庭、及小組，積累了豐富的培訓和經驗，包括遊戲治療。2003年成立私人診所，執業直到如今。專長包括治療情緒問題（如抑鬱、焦慮、憤怒）、建立情商和健康自我形象、更新人際關係、治療習慣成癮、婚前輔導、婚姻輔導、跨文化和跨代溝通。

Winnis曾任軟體工程師和發展部門經理、全職媽媽、基督教康復機構輔導、公立學校兒童青少年心理輔導、及教會兒童傳道。她熱衷幫助矽谷的職青、情侶、夫妻和華裔移民父母。2005年創辦Parenting ABC，透過現場和電話專題講座、培訓、教練和寫作來幫助移民家庭。經常被邀請用廣東話、普通話、和英語在社區、教會及BASS提供講座，並帶領退修會、家庭營、成長小組、親子課程。回應神的呼召和機會，蔣師母致力在主裡幫助夫妻面對生活上的壓力傷痛及成長期的挑戰，使他們與ABC子女和諧相處，並更進一步地享受、影響及造就下一代。