

Disclaimer Statement

This resources listing is a service for those who in need of psychotherapy or professional counseling. The organizations on the list are not considered an endorsement by, an extension of, or a legal affiliate of **Presence** organization. If you have more questions about any organization listed on the list, contact them directly. It is your choice to research whether or not any one on the list is a good fit for you.

2015 Bay Area Community Resources

Please note: the organizations listed below are not Christian-affiliated

Chinese American Counseling Services 華人心理輔導中心

www.chinesecounseling.org

The mission of CACS is to raise awareness in the Chinese Community of mental health issues through education and counseling services. CACS provides referral services to bi-cultural and bi-lingual Chinese therapists in the South Bay area. It also offers free seminars and workshops to the community on a variety of mental health topics. Their website also lists additional Chinese-language resources.

EMQ 24 Hour Mobile Crisis Service (Children and Adolescents only)

(408) 379-9085 www.emq.org

The Child and Adolescent Mobile Crisis Program (CACP) is a 24-hour mobile crisis intervention service available to all Santa Clara County children and adolescents under age 18 who are in acute psychological crisis. The CACP mobile team responds to youth and their families during periods of serious emotional trauma. The crisis team provides direct intervention services and links children and families with other community agencies for long term care and assistance. The goal of the CACP is to stabilize the condition of both the child and the affected family members.

Kara

(650) 321-5272457 Kingsley Avenue, Palo Alto, CA 94301 www.kara-grief.org

Kara is a nonprofit organization that provides counseling, education and information to individuals and groups who are living with issues of death, grief, and life-threatening illness. Kara runs grief support groups for children, adolescents, and adults. Before counseling begins, and intake interview is schedule to assess client need and appropriate service. There is no charge for Kara's counseling services, but a request is made at the intake interview for a donation toward administrative costs. The availability of counseling services is not affected by one's inability to make a donation.

Asian Community Mental Health Services

(510) 451-6729 310 8th Street, Suite 201, Oakland, CA 94607

(510) 970-9750 12240 San Pablo Avenue, Richmond, CA 94805

www.acmhs.org

ACMHS provides mental health, case management and community support services to residents of Alameda and Contra Costa County. It serves the mentally ill, developmentally disabled, at risk children and youth, public assistance recipients and substance abusers. Services provided include crisis intervention, comprehensive diagnostic evaluation, pharmacotherapy, counseling, case management and support groups.