



a New Generation for the Cultural Mission - a Unique Life Filled with Wisdom

Presence Quotient ® Workshops/Courses/Consultation Service and Resources

***All services can be performed either virtually or in-person**

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Presence Quotient® Workshop (1.5 - 2 hours)

Parenting

Target Audience	Categories	Topics
Parents with young children	Discipline/ Parenting	<ul style="list-style-type: none"> ● Getting Children to Listen without Yelling or Hitting ● Raising Chinese Kids in American Culture ● Essential Concepts of Wise Parenting ● How to Help Children to Think Positively ● Teaching Children Problem-Solving Skills ● How to Help Your Children Adapt To School Life in the U.S. ● Seize the Prime Time of Parenting (for Parents with 0-5 years old kids) * ● Win-Win Parenting* ● Children Have Phone Addiction, What Could Parents Do ● Improve Family Resilience to Stress Series (Individual, Parenting with children, Parenting with Teens, and Family) ● Presence "Down to Earth" Parenting for Children Series ● Parents, Bless Your Family by Ministering to Yourself
		<p>Popular blog article(s)</p> <p>Parents with young child:</p> <ul style="list-style-type: none"> ● 7 Tips for Transitioning to Parenthood <p>Parents with Teens/ College-age Children:</p> <ul style="list-style-type: none"> ● Preparing Children for Adulthood <p>Parents with Adult Children:</p> <ul style="list-style-type: none"> ● From "Mom" to "Mom-in-Law"
	Learning Styles and Multiple Intelligences	<ul style="list-style-type: none"> ● Children's Learning Styles and Multiple Intelligences ● How to Improve Children's Learning Interests and Abilities: 8 Areas of Intelligence and Learning Styles
		<p>Popular blog article(s)</p> <ul style="list-style-type: none"> ● Learning Styles Consultation @ Presence Possibilities ● 3 Tips to Help Your Child Learn – Presence Care Series
Teens' Parents	Discipline/ Communication	<ul style="list-style-type: none"> ● How to Communicate with Your Teens ● Heart to Heart with Teens * ● Healthy Dialogue between Parents, Youth and Youth Workers ● Understanding Your Youth's Emotional Needs ● Bridging the Communication Differences Between Two Generations ● 5 Love Languages in Families ● Becoming the Spiritual Mentor (Life Coach) of Your Teens** ● Home -The Training Ground for a Blessed Relational Life**

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		<ul style="list-style-type: none"> Blessed Family 101: Parents, Learning to Minister to Yourselves** Building Family Resilience
	Mental/ Emotional Health	<ul style="list-style-type: none"> How to Deal with Your Children/Teens' Stress How to Handle Your Children/Teens' Anger How to Help Children/Teens Maintain a Healthy Emotional Life: Dealing with Depression and Anxiety How to Deal with Your Teens' Emotions and Stress Understanding Early Attachment Needs Teaching Children Empathy* The Relationship Between Family and Child's Growth - In Emotions* How to Deal with Teenage Depression, Suicidal Thoughts and Self-Harm? Caring for Your Own and Family members' Emotion
	Sexuality	<ul style="list-style-type: none"> Understanding Gender Issues in Youth How to Talk with Your Teens about Sex and Understanding Early Attachment Needs
		Popular blog article(s) <ul style="list-style-type: none"> The Measures of Manhood When I Say I am Your Father
	Faith/Values	<ul style="list-style-type: none"> Helping Your Teens to Not Lose Faith in College How to Discuss Important Values with Your Teens
	Internet/Video Game	<ul style="list-style-type: none"> Understanding the "Internet" Generation How to Help Your Children/Teens Navigate the Internet Safely
		Popular blog article(s) <ul style="list-style-type: none"> Are Our Children Becoming Internet Addicts (Part 1)? – Presence Care Series Are Our Children Becoming Internet Addicts (Part 2)? – Presence Cares Series
Parents with Adult Children	Communication	<ul style="list-style-type: none"> Learning Your Elderly Parents' Love Languages Cultivating Relationships among Three Generations in Chinese Families
		Popular blog article(s) <ul style="list-style-type: none"> Generational Perspectives on Education, Work & Family
	Faith	<ul style="list-style-type: none"> How to Resolve the Religion Differences Between Adult Children and Elderly Parents

Personal/Sexuality/Marriage

Target Audience	Categories	Topics
Youth	Soft-skill	<ul style="list-style-type: none"> Managing Emotions Managing Stress Managing Relationship
	Faith	<ul style="list-style-type: none"> Mission Begins At Home *** <p>Popular blog article(s)</p> <ul style="list-style-type: none"> Praying for Our Parents Series – Praying for Ourselves as Sons and Daughters Praying for Our Parents Series Introduction
Adults	Personal Growth	<ul style="list-style-type: none"> How to Live a Life of Contentment / Living an Abundant Life (for Singles and Mature Adults) Blessed Family 101: Parents, Learning to Minister to Yourselves** ^ Self-Growth for Caring Ministry Workers (9 hours course) Cherishing your relationships: Investing in intimate relationships Enjoying Your Team Through Knowing Your Personality
		<p>Popular blog article(s)</p> <ul style="list-style-type: none"> How to Increase Your Competitive Edge & Land a Job After You Graduate
Middle-aged to late adulthood	Life stages	<ul style="list-style-type: none"> Growing out of the Stagnant Life Living Creatively in the Golden Age Pursuit of a Beautiful & Meaningful Life Journey - Rediscovering Your Dreams & Mission (Golden Age)**
		<p>Popular blog article(s)</p> <ul style="list-style-type: none"> An Exciting Retirement
Couples	Conflict management	<ul style="list-style-type: none"> 16 Personalities in Couple Relationships Conflict-Resolution between Couples The Secret and Challenges of Keeping Your Marriage Fresh* How to Protect Marriage in the World of Social Network* Tips for Lifelong Marriage
	Differences in Discipline	<ul style="list-style-type: none"> How to Resolve the Differences in Disciplining Children
	Sexuality	<ul style="list-style-type: none"> ^ Seven Seasons of Manhood (for couples, 6-9 hours course) Nurturing Women's Emotional and Spiritual Wellness - Overcoming Different Life Stage Challenges

Emotional Health/Interpersonal Relationship/Social Issues

Target Audience	Categories	Topics
All applicable audience	Emotional Health	<ul style="list-style-type: none"> • Understanding Depression: Causes and Treatments • Coping with Stress • Grief Management • Facing Illness and Grief with Family & Friends • Emotion Management and Why It Matters * • Helping Family Members Struggling with Personality Disorders • Managing Stress (zoom) • Improve Family Resilience to Stress Series (Individual) (Presence Facebook Live)
		<p>Popular blog article (s)</p> <ul style="list-style-type: none"> • Help for Stressed Out Families (Part 1) • Help for Stressed Out Families (Part 2)
Leaders (For Leaders at work, Pastoral Leaders, Sunday School Teachers)	Leadership/ Interpersonal Relationship	<ul style="list-style-type: none"> • Breaking Out of The Clique Mentality/Small Group Mentalities • Preventing Sexual Harassment in Church (For Pastors) • How to Deal with Conflicts in Ministries • ^ Personal Bias, Faith, and Interpersonal dynamics (8-15 classes)
All applicable audience	Internet/Video Game	<ul style="list-style-type: none"> • Online Gaming Addiction: Cause and Treatment/ Internet and Internet Gaming Addiction • How Social Media Influence the Families of the Next Generation (Parents & Children)

Please click here for [speakers' honorarium rate](#).

^ Please call (626) 810-5200 or email info@presencequotient.org for the corresponding course fee.

Speaker Notes

Main Speaker: Dr. Agnes Ip (Mandarin/Cantonese/English)

* : Jennifer Wong (Mandarin/Cantonese/English)

** : Lily Ma (Mandarin/Cantonese)

*** : Wicy Zhang (English)



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For other guest speakers' info , topics and honorarium guideline please refer to:

<http://presencequotient.org/services/speakers/>



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Presence Quotient® Presence Life Planning Curriculum Series (2.5 - 3 hours)

Target Audience: All Applicable Audience

Language: Mandarin (**English/Cantonese Version Release Date:** To Be Announced)

Class size: 8+

Course fee: Upon request

For details: Please refer to

<https://presencequotient.org/online-training/presence-life-planning-curriculum-adult/>

Course Intro:

This is a life planning curriculum for believers, and a very important personal growth education that you should not miss. We emphasize setting life priorities, and building a healthy emotional and relational life. This curriculum uses interactive games and activities, explores real life cases, and offers biblical principles to help individuals discover their personal and social identities and encourage them to live a vibrant life with purpose.

Courses include:

1. **Defining Your Core Values:** Setting Life Priorities
2. **Managing Your Life:** Pursuing Physical and Emotional Health
3. **Cherishing Your Relationships:** Investing in Intimate Relationships
4. **Embracing Your Life:** Discovering Your Uniqueness, Life Goals, and Dreams
5. **Rising above Limitations:** Accepting and Overcoming Challenges in Life
6. **Reevaluating Success and Failure:** Examining Societal Standards
7. **Resisting Temptations:** Handling Stress with a Healthy Attitude in Order to Resist Temptations and Addictions
8. **Living a Moral Life:** Rejecting Personal Gains Achieved through Unethical Practices

For any inquiries or questions, please call us at (626) 810-5200 or email us at info@presencequotient.org

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RE:NEW a Presence movement: Healthy Dialogue Online Course

Target Audience: Parents, Youth Workers, Leaders & Youth

Language: English

Course format: Self-paced, limit to 30-day completion, Individual/small group Online course

Fee: \$45 (one class), \$69 (a bundle of 2 classes from the same track), 6+ people eligible for group rate upon request.)

Details: Please refer to: <http://presencequotient.org/online-training/healthy-dialogue/>

Please call (626) 810-5200 or email: HealthyDialogue@RenewTheResponse.org for more information.

Course Introduction:

In the Asian-American family, the cultural differences between the younger generation and the older generation have led to differences in their core values; consequently, conflicts in communication arise. This course, "Healthy Dialogue", helps parents, youth and youth workers to understand their responsibilities and roles, and provides two-way boundaries and communication guidelines between youth workers and parents, youth and parents as well.

Courses Include:

- Understand the 4 major characteristics and core values of traditional Asian families
- Enhance two-way communication between youth workers and parents, and youth and their parents
- Demonstrate effective communication with practical case studies
- Resolve misunderstandings through acknowledging family dynamic and practicing communication skills

Track	Course	For whom
1. Healthy Dialogue between parents and youth	HDE-101WA Tips for parents (English)	Parents of youth
	HDE-101WA-C Tips for parents (English with Chinese Subtitle)	
	HDE-102WY Tips for youth	Youth

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	(English)	
2. Healthy Dialogue between parents and youth workers	HDE-104WA Tips for Youth Workers (English)	Youth workers/ parents interested in youth ministry
	HDE- 103WA Tips for Parents (English)	Parents/ youth workers

This course can be used as: individual training, church leadership training, youth’s parent training, youth training. There are also course intro workshops, on-site guidance and Q&A session available upon request.



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Presence Possibilities Professional Assessment and Consultation Service I

College Major and Career Direction

Identify Careers You Can be Passionate About & the Majors That Can Get You There!

Target Participant: High school students, college students, and those seeking to change careers

Language: English, Cantonese, Mandarin

Duration: Approximately 4 hours

For Testimonies & Detail info.: <http://ppossibilities.org/testimonials/>;
<https://ppossibilities.org/assessment-and-consultation-services/>

For inquiries or questions, please call us at (626) 810-5200 or email us at info@ppossibilities.org

Service Includes: 2 Professional Tests (Personality & Interest) + reports, and 1-on-1 consultation

- Go over and discuss the assessment report in detail
- Verify the results of the reports
- Explore the components of the participant's personality, uniqueness, values, and how they can work together with his/her desired major and career
- Identify suitable majors and/or career possibilities that he/she may enjoy
- Guide the participant to align his/her personality with his/her professional relationships
- Then, with the participant's permission, meet with his/her parent(s) to discuss the results.

For frequently ask questions please refer to: <http://ppossibilities.org/qa/>



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Presence Possibilities Professional Assessment and Consultation Service II

Student Learning Styles and Multiple Intelligences

Recognize your child's learning style & intelligent areas to optimize his/her learning experience!

Target Audience: Upper elementary and middle school students and their parents

Language: English, Cantonese, Mandarin

Duration: Approximately 2-3 hours

Service includes: Test, assessment, report and family consultation

Our goals are to help you:

- Understand you and your child's gifts and areas of intelligence
- Reduce the conflicts between you and your child over studying
- Enhance your child's learning experiences
- Grasp the prime time to find out and develop your child's potential talent

Package includes:

- 2 assessment tests for both the child and the parent(s) are to take
- The reports on Learning Style & Multiple Intelligence assessment
- The consultant will guide the child to understand his/her learning style, to correct his/her study habits so as to improve his/her learning experience
- Provide parent(s) with coaching tips and advice on how to develop the best possible environment to support the child's learning style and to empower their unique strength

For frequently ask questions please refer to: <http://ppossibilities.org/qa/>

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