



Presence Quotient ® Workshops/Courses/Consultation Service

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Presence Quotient ® Workshop (1.5 - 2 hours)

Parenting

Target Audience	Categories	Topics
Children's Parents	Discipline/ Parenting	<ul style="list-style-type: none"> ● Getting children to listen without yelling or hitting ● Raising Chinese Kids in American Culture ● Essential Concepts of Wise Parenting ● How to Help Children to Think Positively ● Teaching Children Problem-Solving Skills ● How to Help Your Children Adapt To School Life in the U.S. ● Make the Best Use of Parenting During Prime Time Stage (for Parents with 0-5 years old kids) *
	Learning Styles and Multiple Intelligences	<ul style="list-style-type: none"> ● Children's Learning Styles and Multiple Intelligences ● How to Improve Children's Learning Interests and Abilities: 8 Areas of Intelligence and Learning Styles
Teens' Parents	Discipline/ Communication	<ul style="list-style-type: none"> ● How to Communicate with Your Teens ● Heart to Heart with Teens * ● Healthy Dialogue between Parents, Youth and Youth Workers ● Understanding Your Youth's Emotional Needs
	Sexuality	<ul style="list-style-type: none"> ● Understanding Gender Issues in Youth ● How to Talk with Your Teens about Sex and Understanding Early Attachment Needs
	Faith/Values	<ul style="list-style-type: none"> ● Helping Your Teens to Not Lose Faith in College ● How to Discuss Important Values with Your Teens
Adults' Parents	Communication	<ul style="list-style-type: none"> ● Learning Your Elderly Parents' Love Languages
	Faith	<ul style="list-style-type: none"> ● How to Resolve the Religion Differences Between Adult Children and Elderly Parents
Children and Teens' Parents	Discipline/ Communication	<ul style="list-style-type: none"> ● Bridging the Communication Differences Between Two Generations ● Win-Win Parenting * ● 5 Love Languages in the Family
	Mental/ Emotional Health	<ul style="list-style-type: none"> ● How to Deal with Your Children/Teens' Stress ● How to Handle Your Children/Teens' Anger ● How to Help Children/Teens Maintain a Healthy Emotional Life: Dealing with Depression and Anxiety ● How to Deal with Your Teens' Emotions and Stress ● Understanding Early Attachment Needs
	Internet/Video Game	<ul style="list-style-type: none"> ● Understanding the Internet Generation ● How to Help Your Children/Teens Navigate the Internet Safely

Presence Quotient ® Workshop (1.5 - 2 hours)

Personal/Sexuality/Marriage

Target Audience	Categories	Topics
Youth	Soft-skill	<ul style="list-style-type: none"> • Managing Emotions • Managing Stress • Managing Relationship
	Faith	<ul style="list-style-type: none"> • Mission Begins At Home ***
Adults	Personal Growth	<ul style="list-style-type: none"> • How to Live a Life of Contentment / Living an Abundant Life (for Singles and Mature Adults) • Happy Family - Starts From Ministering Yourself ** • ^ Self-Growth for Caring Ministry Workers (9 hours course)
Middle-aged to late adulthood	Life stages	<ul style="list-style-type: none"> • Growing out of the Stagnant Life • Living Creatively in the Golden Age
Couples	Conflict management	<ul style="list-style-type: none"> • 16 Personalities in Couple Relationships • Conflict-Resolution between Couples
	Differences in Discipline	<ul style="list-style-type: none"> • How to Resolve the Differences in Disciplining the Children
	Sexuality	<ul style="list-style-type: none"> • ^ Seven Seasons of Manhood (for couples, 6-9 hours course) • Nurturing Women's Emotional and Spiritual Health - Overcoming Different Life Stage Challenges

Presence Quotient ® Workshop (1.5 - 2 hours)

Emotional Health/Interpersonal Relationship/Social Issues

Target Audience	Categories	Topics
All applicable audience	Emotional Health	<ul style="list-style-type: none"> ● Understanding Depression: Causes and Treatments ● Coping with Stress ● Grief Management ● Facing Illness and Grief with Family & Friends ● Emotion Management and Why It Matters * ● Helping Family Members Struggling with Personality Disorders
Leaders (For Leaders at work, Pastoral Leaders, Sunday School Teachers)	Leadership/ Interpersonal Relationship	<ul style="list-style-type: none"> ● Breaking Out of The Clique Mentality/Small Group Mentalities ● Preventing Sexual Harassment in Church (For Pastors) ● How to Deal with Conflicts in Ministries ● ^ Personal Bias, Faith, and Interpersonal dynamics (8-15 classes)
All applicable audience	Internet/Video Game	<ul style="list-style-type: none"> ● Online Gaming Addiction: Cause and Treatment/ Internet and Internet Gaming Addiction

Please click here for [speakers' honorarium rate](#).

^ Please call (626) 810-5200 or email info@presencequotient.org for the corresponding course fee.

Speaker Notes

Main Speaker: Dr. Agnes Ip (Mandarin/Cantonese/English)

* : Jennifer Wong (Mandarin/Cantonese/English)

** : Lily Ma (Mandarin/Cantonese)

*** : Wicy Zhang (English)

For other guest speakers' info and topics, please refer to: <http://presencequotient.org/services/speakers/>



Presence Quotient® Presence Life Planning Curriculum Series (2.5 - 3 hours)

Target Audience: All Applicable Audience

Language: Cantonese/Mandarin (**English Version Release Date:** To Be Announced)

Class size: 15-30

Course fee: \$30 (including course material)

For details: Please refer to <http://presencequotient.org/online-training/plpc/>

Course Intro:

This is a life planning curriculum for believers, and a very important personal growth education that you should not miss. We emphasize setting the life priorities, and building a healthy emotional and relational life. This curriculum uses interactive games and activities, explores real life cases, and offers biblical principles to help individuals discover their personal and social identities and encourage them to live a vibrant life with purpose.

Courses include:

1. **Defining Your Core Values:** Setting Life Priorities
2. **Managing Your Life:** Pursuing Physical and Emotional Health
3. **Cherishing Your Relationships:** Investing in Intimate Relationships
4. **Embracing Your Life:** Discovering Your Uniqueness, Life Goals, and Dreams
5. **Rising above Limitations:** Accepting and Overcoming Challenges in Life
6. **Reevaluating Success and Failure:** Examining Societal Standards
7. **Resisting Temptations:** Handling Stress with a Healthy Attitude in Order to Resist Temptations and Addictions
8. **Living a Moral Life:** Rejecting Personal Gains Achieved through Unethical Practices

For any inquiries or questions, please call us at (626) 810-5200 or email us at info@presencequotient.org

Presence Quotient®, also known as Presence, is a Christian 501(c)(3) non-profit organization that provides tools and training for individuals and families to apply Christian values to their everyday lives, bridge the cultural and generational gaps, and be equipped to lead and serve in their communities



RE:NEW a Presence movement: Healthy Dialogue Online Course (1.5 - 2 hours)

Target Audience: Parents, Youth Workers & Youth

Language: English

Course format: Online, Self-paced

Fee: \$20 (one class), \$35 (two classes)

Details: Please refer to: <http://presencequotient.org/online-training/healthy-dialogue/>

To register: Please go to <https://presencequotient.talentlms.com/>, select [class](#) and pay.

Course Intro:

Youth workers and parents play a critical role in shaping young people’s lives, especially under the challenges of cultural and generational gaps. It is a job that takes considerable skills, patience, and empathy.

Our uniquely-designed course aims to equip you to understand family dynamics and communication struggles and learn communication tips to have healthier communication among the three groups. The course is divided into four classes, each with a different emphasis along with actual testimonies.

Healthy Dialogue with Parents and Youth – Tips for Parents				
Class	Class #	Fee	Language	Start Date
Adults	HDE-101WA	\$20	English	2/13/2018
Healthy Dialogue with Parents and Youth – Tips for Youth				
Class	Class #	Fee	Language	Start Date
Youth	HDE-102WY	\$20	English	2/13/2018
Healthy Dialogue with Parents and Youth Workers – Tips for Parents				
Class	Class #	Fee	Language	Start Date
Adults	HDE-103WA	\$20	English	4/17/2018
Healthy Dialogue with Parents and Youth Workers – Tips for Youth Workers				
Class	Class #	Fee	Language	Start Date
Adults	HDE-104WA	\$20	English	4/17/2018

For any inquiries or questions, please call us at (626) 810-5200 or email us at info@renewtheresponse.org

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Presence Possibilities Professional Assessment and Consultation Service I (2-4 hours)

College Major and Career Direction

Target Audience: High school students, college students, and those seeking to change careers

Language: English, Cantonese, Mandarin

Duration: 4 hours

Fee*: \$799 (includes test, assessment, report and individual consultation)

* **25% off if order is placed by 12/31/2018 (\$599.00)**

Package A - College Major & Career Direction

Identify careers you can be passionate about and the majors that can get you there.

For high school students, college students, and those seeking to change careers.

Our personality assessment will help you discover how your strengths, interests, and values determine your desired major and career. We will explore with you how you interact with the world through:

- How you take in information
- How you make decisions
- Where you focus your attention

Take advantage of this opportunity to start building a meaningful career!

Major & Career - Premium

Discover how your personality aligns with your career goals as well as with your relationships. Learn to understand and resolve conflict. You will receive an additional 17 pages in your assessment report.

Approx. 4 hours

For any inquiries or questions, please call us at (626) 810-5200 or email us at info@ppossibilities.org

Presence Possibilities Professional Assessment and Consultation Service II (2-3 hours)

Student Learning Styles and Multiple Intelligences

Target Audience: Upper elementary and middle school students and their parents

Language: English, Cantonese, Mandarin

Duration: 2-3 hours

Fee*: \$400 (includes a Parent and a Child)

\$500 (includes Two Parents and a Child)

For each additional child: \$150

Fee includes test, assessment, report and family consultation

* **25% off if order is placed by 12/31/2018 (i.e. \$300, includes a Parent and a Child, etc)**

Package B - Student Learning Styles & Multiple Intelligences

Recognize the ways your child learns best to optimize his or her learning experience.

For upper elementary and middle school students and their parents.

Do you and your child experience conflict over studying? Is your child reaching his or her full academic potential?

Every child has unique strengths, enabling him or her to learn differently. Let us help you develop the best possible environment to support your child's learning style.

Our goals are to help you:

- Understand your child's gifts and areas of intelligence
- Enhance your child's learning potential
- Establish academic excellence and personal growth

For any inquiries or questions, please call us at (626) 810-5200 or email us at info@ppossibilities.org